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**Food, Page 1C**

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# Granite City Journal

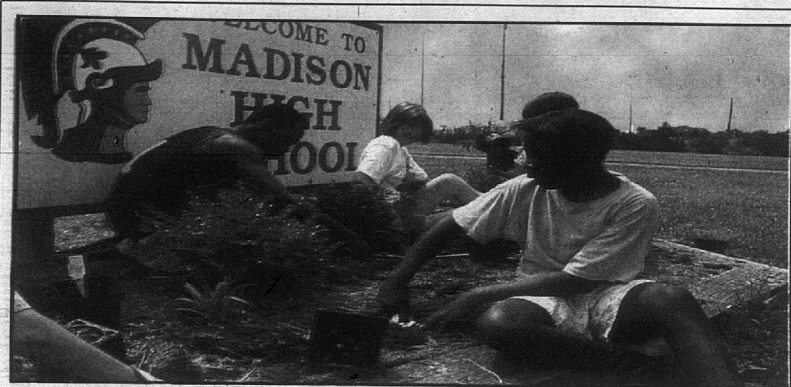
SUBURBAN JOURNALS - #1 IN WEEKDAY READERSHIP WITH OVER 1.4 MILLION READERS

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VOLUME 20, NUMBER 56

WEDNESDAY, JULY 17, 1996

FIFTY CENTS



(Staff photo by JOHN FRESSE)

**Beautifying** — Madison School District's Big Brothers/Big Sisters organization recently spent a day doing landscaping work to beautify the grounds of the middle school and high school. From left, seventh grader Jermain Smith, senior Laura Peterson, nine-year-old Jaqueline Vogel (whose mother is a teacher in the district) and sixth grader Shamie Sullivan pull out weeds and dig holes at the high school. More photos on Page 3A.

## Shimkus calls criticism unfair

Madison County Treasurer John Shimkus said he's proud to run on his record despite attacks by Jay Hoffman, his opponent in the 20th District congressional race.

Shimkus said the attacks are an indication that Hoffman's campaign is in trouble.

Hoffman, a Collinsville Democrat and state representative, accused Shimkus Thursday of a pattern of mismanagement in his tenure as treasurer. Hoffman cited an independent audit that criticized Shimkus' office for delays in reconciling bank accounts.

Shimkus, also from Collinsville and the only Republican holding countywide office, conceded that the auditor's criticism was legitimate but said it was blown out of proportion.

He said the delays, due in part to the resignation of a key employee, have been corrected. Accounts are now balanced daily and tax distributions were not delayed, he said.

Shimkus said other complaints raised by Hoffman were "pretty old stuff" and had "already been judged by the voters."

Hoffman, at the same news conference, cited past complaints about Shimkus' expenditure of \$31,000 for office furniture in 1992 and cellular



Shimkus

Hoffman

telephone calls Shimkus charged to the county when he was campaigning for Congress in 1992.

Hoffman said that, although Shimkus boasts of returning \$135,000 in budgeted salary to county coffers, treasurer's office expenditures have increased each year since 1992.

Shimkus said only a small part of the furniture expenditure was for his personal office which, he said, is furnished much like that of other county officeholders. He said the cellular calls were for legitimate county business.

Shimkus said his office has remained under budget each year despite increases in expenditures caused by negotiated pay increases.

(See SHIMKUS, Page 6A)

## Minimum wage may be hiked Raise worries some

By Bob Slate Staff writer

Managers of some area fast-food restaurants and other businesses that employ teen-agers say a proposed hike in the minimum wage could hurt their operations.

The U.S. Senate agreed last Tuesday to raise the minimum wage by 90 cents to \$5.15 an hour. The House has approved a similar measure. A conference committee will review the legislation before sending it to President Clinton, who has said he supports the increase.

The last increase in the minimum wage was in 1990. The Senate bill calls for increasing the current \$4.25 minimum wage to \$4.75. The minimum wage would rise to \$5.15 next July.

Byron Wampler, general manager of the Hardee's restaurant on Madison Avenue in Granite City, declined to comment on the proposal, but said that Hardee's profit margins took a big hit after the last wage hike because prices did not increase.

Neil Hamilton, general manager at the Hardee's on Hartman Lane in O'Fallon, said

"We may have to look at increasing membership rates to make up the difference."

— Rich Wittmann  
YMCA director

the bill could be damaging to his business.

"It's bad for us," he said. "Some of the bigger organizations can probably eat it, but it's going to have a big impact on the smaller restaurants and companies."

Hardee's restaurants are franchised on an individual basis. The Madison Avenue Hardee's is corporate-owned.

Hamilton said he believes an increase in the minimum wage will force Hardee's to raise its prices. It also could affect employment, he said.

"We'll have to see how it goes," Hamilton said.

(See RAISE, Page 6A)

## Sexual assault alleged

By Scott Cousins Staff writer

East St. Louis police were seeking charges of aggravated criminal sexual assault on a Granite City man arrested in the city of Madison Saturday.

According to Madison police, at about 6:50 a.m. Saturday an officer was dispatched to a home in the 1900 block of Edwardsville Road after a caller reported a battery.

When the officer arrived, the alleged victim told him a 35-year-old Granite City man had raped her in East St. Louis. The man was sitting in a nearby car and was taken into custody.

The victim, a 23-year-old Madison resident, said she and the

(See ASSAULT, Page 2A)

## Lamping to chair Old Newsboys drive

By Jean Abernathy Staff writer

Kids and baseball go together like, well, baseball and hot dogs, or baseball and peanuts, or baseball and St. Louis.

It's only fitting that Mark Lamping, president of the St. Louis Cardinals, will serve as chairman of the 1996 Old Newsboys Day drive. The drive benefits thousands of children in the St. Louis area.

The Cardinals have a long history with Old Newsboys Day. In 1959, Stan Musial chaired the third Old Newsboys Day. In 1966, Cardinal owner August A. Busch lent his time and name to Old Newsboys Day. Later his son, August A. Busch III, chaired Old Newsboys Day.

Cardinal players and the ever-popular Fredbird often join the throngs of volunteer Old Newsboys who don aprons and peddle

special-edition newspapers to benefit children's charities.

This year again the Old Newsboys edition will feature the Children's Choice Awards. Look for Children's Choice questionnaires in the Journal next month.

Lamping, 38, grew up in south St. Louis County and has many memories of Old Newsboys Day.

"If everyone would buy just one Old Newsboys Day paper on the way to work, we would be in good shape," he said. "I've always bought a newspaper, but I sometimes forget to put it on the dashboard and end up with five or six papers."

Old Newsboys Day has raised more than \$5.7 million since 1957. Last year \$182,000 was raised. Every penny paid for the special edition of the Journal goes to the fund, which distributes grants to children's charities in the metropolitan St. Louis area.

(See NEWSBOYS, Page 6A)



(Photo by BRAD WILSON)

Mark Lamping, president of the St. Louis Cardinals, is chairman of the 1996 Old Newsboys Day campaign set for Nov. 7.

## In the Journal

### Index

Calendar.....	6B	Horoscope.....	8B
Classified.....	1D	Local news.....	2A
Family.....	10A	Obituaries.....	6A
Food.....	1C	Sports.....	1B

**5 FULLER'S FORECAST**

John Fuller, Chief Meteorologist, KSDK NewsChannel 5

WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
91 72	93 74	96 75	97 77

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## Students tackle gardening project



**Hard work** — Madison Middle School seventh grader Jeremiah Smith and Jaqueline Vogel, 9, above left, prepare to place a plant in the flower box around the high school's sign as part of efforts by Big Brothers/Big Sisters to beautify school grounds. Above right, Shemie Sullivan clears weeds out of the flower boxes in front of the high school. At left, 9-year-old Victoria Vogel, Smith, senior Laura Peterson and Jaqueline Vogel plant flowers in the flower box in front of the high school. The Vogel twins are the daughters of Sandra Williams, who teaches math in the Madison School District.

(Staff photos by JOHN FRESE)

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P215/70R-14	\$73.00	\$232.48	\$14.88
P205/70R-15	\$77.00	\$245.12	\$15.72
P215/70R-15	\$75.00	\$239.52	\$15.12
P195/75R-14	\$66.00	\$208.96	\$13.76
P205/75R-14	\$70.00	\$221.28	\$14.68
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## Temple Baptist Church offers Vacation Bible School

Temple Baptist Church, 1900 Harris Ave. in Madison, will hold Vacation Bible School from 6 to 9 p.m. July 22-26 for children in preschool through high school — ages 3 to 18. For more information, those interested may call 867-7064.

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## Obituaries

## Betty Craft

Betty Craft of Granite City died Monday, July 15, 1996, at Barnes Hospital in St. Louis. She is survived by her husband, Eldon Craft.

Arrangements are pending with Werner Chapel for Funeral, 3939 Lake Dr. in Pontoon Beach, 797-1009.

## Paul Oros

Paul J. Oros, 84, of Granite City died at 9:55 a.m. Monday, July 15, 1996, at St. Elizabeth Medical Center, following a brief illness. He was born Dec. 4, 1911, in Wood River.

A boilermaker with Boilermakers' Union Local 363 for 41 years, he was a member of Holy Family Catholic Church in Granite City.

Survivors include his wife, Irene (Langvel) Oros, whom he married Nov. 23, 1935, in Granite City; one son, Gerald Oros of Granite City; two daughters, Kathleen Reed of Casey, Ill., and Renee Tanase of Granite City; two brothers, Alex J. Oros Jr. of East Alton and Steve Oros of Madison; and four grandchildren.

He was preceded in death by his parents, Alex, Oros Sr. and Julianna (Reszler) Oros; one sister, Helen Ann Mayzer, who died in 1993; and one grandson.

Visitation is from 5 to 8 p.m. today, Wednesday, at Irwin Chapel, 3980 Maryville Road in Granite City, where a prayer service will be held at 6:30 p.m. today.

Services are at 9 a.m. Thursday at Holy Family Catholic Church, 2606 Washington Ave. in Granite City, where the Rev. William Fisherkeller officiating. Burial will be in Calvary Cemetery in Glen Carbon.

Memorials are requested for the Hospice of Madison County.

## M. McBrian

Margaret E. McBrian, 75, of Madison, formerly of Venice, died at 4:37 p.m. Monday, July

15, 1996, at her residence, following a short illness.

Born Aug. 5, 1920, in Venice, she had been a lifelong resident of the Madison and Venice areas.

A bookkeeper with Miles Laboratories until 1972, she then worked for Moss Trucking in St. Louis, from which she retired.

Formerly active in Junior Achievement, she was of the Protestant faith.

Survivors include two sisters, In-law, Mina and Tanaska McBrian; three nephews, Dennis B. McBrian, Madison, James Talley of Kentucky and David Talley of Cheyenne, Wyo.; three nieces, Pamela Lacumie of Granite City, Donna Cohan of St. Peters, Mo., and Jean Carbone of Jefferson City, Mo.; and several great-nephews and great-nieces.

She was preceded in death by her parents, Duff and Estelle (Smith) McBrian; two brothers, William and Dale McBrian; and one sister, Marion A. Talley.

Visitation is from 4 to 8 p.m. today, Wednesday, at Thomas Memorial Mortuary, 2205 Pontoon Road in Granite City, where services are at 10 a.m. Thursday. Burial will be in St. John Cemetery in Granite City.

## Myrtle Harper

Myrtle R. (St. John) Harper, 74, of Granite City died at 5:46 p.m. Monday, July 15, 1996, in the emergency room at St. Elizabeth Medical Center, following a short illness.

Born May 27, 1922, in Stone Fort, Ill., she had been a resident of Granite City for 20 years.

Survivors include one son, Michael Allen Harper of Granite City; one daughter, Sandra Jean Riddle of Granite City; three sisters, Maudie of Carle Mills, Ill., Mary of West Virginia and one of Texas; and one granddaughter.

She was preceded in death by her parents, Oscar and Maude (McCullough) Harper; and one brother, Ralph St. John.

Services were July 12 at Thomas Memorial Mortuary in Granite City. Burial was in Bolton Trammell Cemetery in Stone Fort, Ill.

Sam Parks, 68, of Granite

City died at 12:42 p.m. Saturday, July 13, 1996, at St. Joseph Hospital in Breehe. He was born Oct. 5, 1927, in Temple Hill, Ill.

A bookkeeper with heavy machinery operator with A.C. Smith for 26 years and a custodian with the Granite City School District 9 for 10 years prior to his retirement.

He was a member of the Suburban Baptist Church in Granite City and the Granite City Masonic Lodge 877. He was a Navy veteran.

Survivors include his wife, Jean (Cochran) Parks, whom he married Feb. 7, 1953; one daughter, Sam Davis of Troy, Haute, Ind.; two sisters, Lucille Burklow of Calvert City, Ky., and Juanita Hicks of San Jose, Calif.; and three grandchildren.

He was preceded in death by his parents, Ed and Ludy (Bakke) Parks; and one sister, Irene Lauerdaale.

Services were Tuesday at Irwin Chapel in Granite City with the Rev. Fred Luper and the Rev. Ron Zamkus officiating. Burial was in Lake View Memorial Gardens in Fairview Heights.

## Donald Biggs

Donald W. Biggs, 65, of Madison, formerly of Granite City, died at 11:45 a.m. Sunday, July 14, 1996, at St. Elizabeth Medical Center, following a three-month illness.

Born April 10, 1931, in Granite City, he had been a lifelong resident of the Madison and Granite City area.

A steel worker with Granite City Steel for 35 years prior to his retirement in 1985, he was a former member of the Steel Workers Local 16.

Survivors include two brothers, Richard Biggs of Glen Carbon and Richard Biggs of Garden Grove, Calif.; and two sisters, Virginia Montemagno of Hemet, Calif., and Thelma Zimmerman of Edwardsville.

He was preceded in death by his parents, Luther L. and Edna

(Cook) Biggs; and four brothers, Robert, William, Charles and Leroy Biggs.

Services are at 10 a.m. today, Wednesday, at Davis Funeral Home, 21st Street and Cleveland Boulevard in Granite City, with the Rev. Lewis E. Trotter officiating. Burial will be in Sunset Hill Memorial Estates in Glen Carbon.

Memorials are requested for First Presbyterian Church in Granite City.

## Upton Gardner

Upton L. Gardner, 81, of Troy, formerly of Granite City, died at 10:55 a.m. Saturday, July 13, 1996, at Anderson Hospital in Maryville. He was born June 9, 1915, in Crookston, Minn., and had been a resident of Troy for 40 years.

A self-employed owner of a grocery business in Granite City.

He was preceded in death by his wife, Myrtle (Smelcer) Gardner; one sister, Celeste Senkbell; and one grandson.

Services were Tuesday at St. Jerome's Catholic Church in Troy with the Rev. Steve Janowski officiating. Burial was in Calvary Cemetery in Glen Carbon.

Arrangements were handled by Laughlin Funeral Home in Troy.

•Levee

(Continued from Page 1A)

Most of the development along the canal has taken place at the Tri-City Regional Port. That also happens to be where the existing underseepage plan calls for most flooding to counterbalance levee pressure caused by high water.

"Strict enforcement of the design ponding elevations would prevent existing facilities from expanding and seriously hinder all future development," the report states. "Economic losses could be in the tens of millions of dollars."

Dr. Charles King Jr., chairman of the board of commissioners for the Tri-City Regional Port, said the port district board and staff support the project.

"We will do everything we can to help ensure its completion," King said. "Our only concern is that the corps design for underseepage correction, which is to eliminate impoundment by the mechanism to equalize levee pressure during flood stages, not be replaced or result in interior flooding of port facilities and lands as an indirect result of the corps' new system design."

Part of the proposed project includes improving the Chouteau, Nameoki and Venice pump station. That pump station is offering worked at capacity, pumping water from relief wells, underseepage waters and storm water runoff.

Other work expected to be done during the first phase is the rehabilitation of 174 relief wells, installation of 36 replacement relief wells, excavation of 10,300 feet of new ditch, filling 10,300 feet of existing ditch, and the installation of 6,810 feet of reinforced concrete culvert pipe.

Also on the agenda are construction of 346 new relief wells, 1,510 more feet of concrete culvert pipe, extending seepage berm and construction of a retention dike along Illinois 3 just north of Interstate 270.

Funding for the entire project is expected to come exclusively from federal sources. U.S. Rep. Jerry Costello is playing the lead role in Congress to obtain the projected additional \$40 million needed for completion of the project.

The entire nine-mile-long Chain of Rocks Canal levee was built by the Corps of Engineers in 1953. The levees on each side of the canal serve two purposes: to provide a navigation channel during all river stages and to protect the area from Granite City to East St. Louis from flooding during high river stages.

The system protects an area of about 85,000 acres.

•Shimkus

(Continued from Page 1A)

He said he has kept promises to voters that included returning pay raises and improving service to the public.

"I see no reason not to continue to run on my record," Shimkus said. "I don't claim to run a perfect office but we do identify problems and we try to fix them. It's a better office, a more professional office and it provides better service at less cost."

Hoffman disagreed. "The major thrust of John's campaign has been balancing the budget to the tune even of cutting Medicare and Medicaid and still giving tax breaks to the rich — and fiscal integrity," Hoffman said.

Hoffman said Shimkus cannot brush off the auditors' criticism as could be.

"Anytime there is a reportable finding by a 'Big 6' accounting firm it is a big deal," Hoffman said. A similar criticism five years ago by another of the nation's six largest accounting firms, Arthur Andersen & Co., heightened concern about Shimkus' record, he added.

Hoffman also resurrected past complaints about Shimkus' expenditure of \$31,000 for office furniture in 1992 and cellular telephone calls charged to the county by Shimkus when he was campaigning for Congress in 1992.

— From The Telegraph

## •Raise

(Continued from Page 1A)

The Hardees on Madison Avenue currently employ about 35 workers plus four management employees, Wampler said.

Rich Wittmann, executive director of the Tri-City Area YMCA, said the measure would have a negative effect on an already tight budget. The YMCA pays beginning lifeguards and front desk clerks minimum wage.

Last year, the YMCA was forced to cut personnel and forego raises for full-time staff due to a revenue shortfall, Wittmann said.

While revenue has been better this year, the wage hike proposal could wipe away any improvement the YMCA has seen in its financial situation.

"We may have to look at increasing membership rates to make up the difference," Wittmann said.

Ron Motil, president of the Granite City Park Board, said the measure could have a similar effect on the park district.

"We really haven't discussed it in detail," Motil said. "Obviously, we'll comply with the law."

The park employs a large number of teens, especially in the summer months.

"We have a tight budget and every year it becomes more difficult, with increases in the cost of insurance and utilities," Motil said. "We may have to take a look at raising rates when (the wage increase) takes effect."

John Bush, who owns two Kentucky Fried Chicken restaurants in Belleville and one in O'Fallon, said he does not see any advantages to increasing the minimum wage.

He estimated increasing the minimum wage to \$4.75 will cost him an additional \$39,000 annually. Bush suggested that the legislation likely will result in "dollars being just traded."

"It's nothing we haven't seen before," he said. "It's just catch-22."

Diana Barron, owner of Asia Personnel Services in Fairview Heights, said several businesses have contacted her agency about the bill and its effects.

Several of the businesses said they are worried about how they should compensate employees who are now making slightly above the minimum wage, she said.

Staff writer Mark Hodapp contributed information for this story.

## •Newsboys

(Continued from Page 1A)

Lamping said children and baseball are a winning combination. "Children are extremely important to our future as well as the future of the community," he said. "We like to participate in activities that help kids."

The Cardinals and Lamping believe in giving back to the community. "We think it is very important as a sports organization in town that we continue to try to help put back into the community as much as the community provided to us," he said.

"We've been in St. Louis for more than 100 years, so we have a vested interest in the community and in the kids."

Tom Rice, president and chief executive officer of the Suburban Journals, said he is proud to have Lamping serving as this year's Old Newsboys Day chairman. "We are looking forward to his guidance and leadership in helping us achieve another record-breaking year for the Old Newsboys tradition," Rice said.

Rice noted that the Journals and Cardinals have joined

together throughout the past year with the "Cardinal Athlete of the Week" feature which has been successful in reconnecting Cardinals and kids.

Lamping was named president of the St. Louis Cardinals in 1994. Prior to that, he was commissioner of the Continental Basketball League.

Lamping has also served as Amheuser-Busch's group director of sports marketing. In that position, he coordinated all sports marketing activities on behalf of the company's beer brands, including sponsorship agreements for the Olympics, the World Cup and all major professional sports.

A graduate of Vianney High School, Lamping has a bachelor's degree in accounting from Rockhurst College in Kansas City and a master's degree in business from St. Louis University. He lives in St. Louis County with his wife, Cheryl, and their children Brian, Lauren and Timmy.

Both Lamping and Rice urge people in the community to support Old Newsboys Day. "Each year in November the St. Louis community comes together to assist the children's agencies in St. Louis," Rice said.

"Many of us were paper carriers when we were younger, and it played an important role in helping to shape our lives as young businessmen and women as we grew into adulthood."

"Please come out and join Mark Lamping and our 7,000 volunteers on Thursday, Nov. 7, and help all of us at the Suburban Journals and the St. Louis Cardinals put over the wall for the kids in St. Louis."

an, Lauren and Timmy.

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"Please come out and join Mark Lamping and our 7,000 volunteers on Thursday, Nov. 7, and help all of us at the Suburban Journals and the St. Louis Cardinals put over the wall for the kids in St. Louis."

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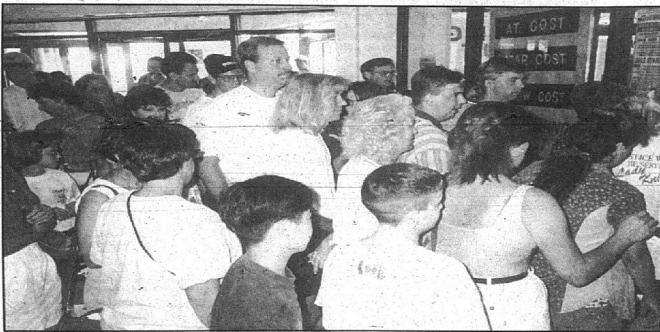
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# Trekkies turn out for Shatner visit to St. Louis

By Matt Mattingly  
Staff writer

William Shatner's famous "Get a life!" line from a 1968 "Saturday Night Live" skit about Star Trek conventions was the buzz phrase at the recent St. Louis Science Fiction Celebration.

However, far from reflecting resentment, it has become a term of endearment in the 30-year love affair between Shatner and his fans. Maybe Star Trek fans are simply very forgiving, especially when their idol was making his first-ever convention appearance in the St. Louis area.

Celebrating the 30th anniversary of Star Trek, a horde of Star Fleet officers, Klingons and assorted life forms descended upon the Henry VIII Hotel & Convention Center for the featured guest stars, the costume and trivia contests, collectibles for sale — and, of course, the one and only Capt. James T. Kirk.

Shatner, who portrayed Kirk in the 1966-69 series and seven subsequent motion pictures, only put in an hour-long appearance Sunday in

a question-and-answer session. However, fans agreed he was worth the price of admission (\$16 for one day, on up to \$250 for a V.I.P. pass that included a pre-signed photo of Shatner).

"I'm a Trekkie from way back," said Teri Maue, a 30-something mother of two from Jennings. "It's incredible. Now I've gotten to meet the entire cast of the original show."

She and other fans admitted Shatner was the main drawing card. "I never had seen him before," said Overland chiropractor Gene Stickle, 41. "He was everything I expected."

Shatner could never have expected the turn his career would take when Star Trek creator Gene Roddenberry approached him about making a second pilot for the series at the request of NBC, which "liked the idea" but disliked the original pilot starring Jeffrey Hunter as the captain, Shatner recalled.

He, co-star Leonard Nimoy as the Vulcan Mr. Spock and the rest of the original crew wound up as part of TV history and the mythology of our culture. But instant recognition has its down side, Shatner said.

At one airport, "someone pointed at me and said, 'there's Capt. Nimoy,'" he added. He entertained his fans with amusing anecdotes about the series, the movies and his horses.

"He's very funny," said 14-year-old Christen McClintock of Alton, Ill., who was attending her second Star Trek convention. "This was the best one so far."

Her grandmother made her costume, of Counselor Deanna Troi from "Star Trek: The Next Generation," which earned her third place in only her first costume contest, she said.

"It (making costumes) costs a lot of money, but I figure the homemade ones are a little better," McClintock said. "Star Trek fans really feel at home at conventions — we have similar interests. Everyone is really nice and talks to you."

Stickle, a member of the Ritenour Board of Education, finds Star Trek and science fiction relaxing.

"Star Trek is my all-time favorite TV show. It's one of the few shows that talk about the nature of being human," he said. "The major characters always seem to act from a place of principle, rather than just expediency."

The appeal of Star Trek shows in the diversity of the fans, from youngsters and teenagers all the way "to a little old lady in a wheelchair wearing a Star Trek uniform," Stickle noted.

"I think it also has appeal because it gives hope that there is going to be a future for us, for generations to come," he added.

While the latest Star Trek movie, "Generations," seems to have laid Kirk to rest, Shatner has not given up hope of resurrecting the character. And he did have fun making the series and movies, he said.

"It's been quite an experience," Shatner said. Star Trek fame propelled him to other movie and TV roles, as well as a second career as science fiction author.

"All of the things that I've done other than Star Trek, have flowed from Star Trek," he said. "So I can be nothing but eternally grateful for Star Trek happening to me."

However, some of the obscure trivia questions posed by Star Trek fans evoked a heart-felt "who cares?" from Shatner. "I don't know the answer to any of these questions," Shatner said. "I've forgotten all of it (details from the series) — it's been a long time."



**End of era** — All that's left are the memories of States nightclub now after the building that housed it was torn down recently. Baxmeyer Construction Inc. tore down the building to make way for an expansion of Gateway International Raceway in Madison.

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# Plane shows no sign of mechanical failure

## Crash investigation may last until fall

CHICAGO — It may take until fall for a federal agency to complete an investigation into a fatal jet crash near St. Louis Regional Airport, but so far there is no sign of mechanical failure.

Carl Dinwiddie, regional director of the National Transportation Safety Board, said investigators have X-rayed engine parts and reviewed data from electronic data collectors, known as "black boxes."

However, investigators looking into last month's crash of a McDonnell Douglas F/A-18 fighter jet have not completely ruled anything out, Dinwiddie said.

The NTSB is investigating the June 19 crash, which killed McDonnell test pilot Jeffrey Crutchfield, 44, of St. Charles, Mo. He was practicing aerobatics when his plane crashed into a garage in the 500 block of Bender Avenue in the Wayside Estates Subdivision.

"The engines were still operational on impact, and we have no reason to believe they were not fully functional," Dinwiddie said.

"We have a lot of talent

"The engines were still operational on impact, and we have no reason to believe they were not fully functional. We have a lot of talent working on it."

— Carl Dinwiddie  
Safety board official

working on it," he said.

He said mechanical failure cannot be ruled out but that it appears unlikely.

He said a full report will be completed this fall and turned over to the five-member safety board, which will determine the cause of the crash.

He said the board would look at the general areas of "man, machine and environment" in determining the cause.

It is unclear why Crutchfield did not eject. The transportation agency said it had found no evidence to support speculation that ejection seat problems or fuel problems had contributed to the crash.

Crutchfield's plane had been repaired, maintained and prepared for flight by

white-collar workers at McDonnell. The International Association of Machinists began a strike at McDonnell two weeks before the crash, and the company used nonunion supervisory personnel to do work usually done by machinists.

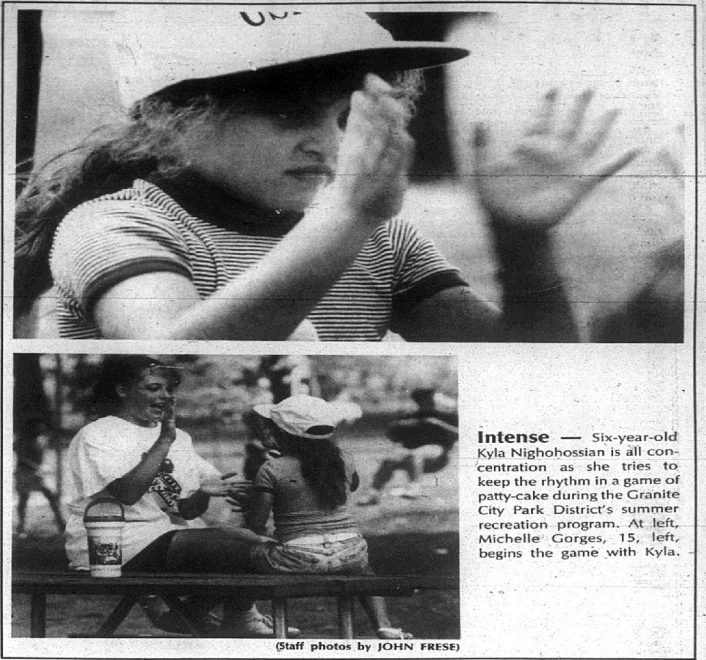
Even before the crash, the union argued that the white-collar workers were not qualified to do the technical repairs and maintenance needed for a sophisticated military plane to fly safely. McDonnell disputes that.

The NTSB will examine later whether Crutchfield — formerly a top Navy test pilot who taught others to fly — caused the crash.

Dinwiddie refused to say whether pilot error contributed to the crash.

The Associated Press also contributed information for this story.

— From The Telegraph



**Intense** — Six-year-old Kyla Nighobossian is all concentration as she tries to keep the rhythm in a game of patty-cake during the Granite City Park District's summer recreation program. At left, Michelle Gorges, 15, left, begins the game with Kyla.

(Staff photos by JOHN FRESI)

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### Camp opens for asthmatic children

Stephen Grant of Granite City will be attending Camp Superkids July 21-27 at Camp Tapawingo in Metamora, near Peoria. Nine-year-old Stephen, son of Steve and Beth Grant, will participate in the week-long, overnight camp for children with severe asthma. Approximately 90 other children from around the state will also be attending the camp.

Camp Superkids began 19 years ago to provide a fun and educational camping experience for children who, because of their medical condition, cannot attend a traditional camp. Camp Superkids gives asthmatic children the opportunity to spend a week at camp under the supervision of medical staff, including physicians, nurses, respiratory therapists and trained counselors.

Throughout the week, the children will be swimming, hiking, canoeing and doing arts and crafts. For more information about Camp Superkids or asthma, please call your local American Lung Association at 1 (800) LUNG-USA.

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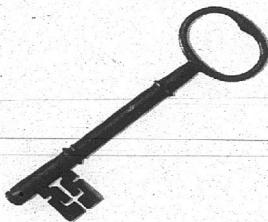
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## In the military

### Jerry Barnett Jr.

Air Force Master Sgt. Jerry Barnett Jr. has been named senior noncommissioned officer of the quarter.

Selection was based on the individual's exemplary duty performance, job knowledge, leadership qualities, significant self-improvement and other accomplishments.

Barnett is a facility maintenance supervisor with the 78th Civil Engineer Squadron at Ramstein Air Base, Kaiserslautern, Germany.

He is the son of Jerry Barnett Sr. and Frankie Barnett, both of Collinsville.

The sergeant is a 1977 graduate of Granite City North High School.

### Mark Brokaw

Army Pvt. Mark E. Brokaw has graduated from the combat engineer course at Fort Leonard Wood in Waynesville, Mo.

In addition to basic combat training, students were trained in techniques of road and bridge building, camouflage

and demolition, river crossing operations and vehicle operations.

Brokaw is the son of Ed Brokaw and Ellen J. Voyles of Granite City.

He is a 1993 graduate of Granite City High School.

### John Bradley

United States Marine Corps Sgt. Maj. John R. Bradley, formerly of Granite City, was honored July 3 at the Relief, Appointment and Retirement Ceremony of Marine Aircraft Group 29 at 2d Marine Aircraft Wing, Marine Corps Air Station, in New River, N.C.

Born July 28, 1952, in Granite City, Bradley enlisted in the Marine Corps in July 1969 and completed recruit training at Marine Corps Recruit Depot in San Diego.

Bradley has served with Headquarters Battalion, 3d Marine Division, Okinawa; Marine Air Support Squadron 4, Marine Aircraft Group 18; and 2nd Tank Battalion and 3rd Battalion, 6th Marines, 2nd Marine Division, Camp Lejeune, N.C.

His decorations include the Navy and Marine Corps Commendation Medal. He married Jacquelyn Simmons of San Diego.

Bradley is the son of Ilene



Relatives and friends who attended Ensign Derrick W. Kingsley's graduation from the United States Naval Academy in Annapolis, Md., on May 24 are shown here: from left, first row, Ensign Ernie Gameng, Ensign Derrick W. Kingsley and Stephen Ziatz; second row, Carrie Heck, Jessica Papa, Shirley Kingsley, Sylvia Theis, Lori Goedecke, Gloria Goedecke, Louis Papa and Lucille Caban; third row, Phil Shatto, Natalie Ziatz, Ruth Ziatz, Darla Kingsley and Susan Theis; back row, John W. Papa, John T. Papa, Al Zebio, Dan Ziatz, Steve Pyse, Bill Kingsley and Art Theis.

Bradley of Granite City.

### James Buecker

Navy Petty Officer 2nd Class James D. Buecker, a 1986 graduate of Granite City High School, recently reported for duty at Naval Air Station North Island, San Diego.

He joined the Navy in May 1987.

### Eric Cruthis

Marine Pfc. Eric K. Cruthis, son of Eldon K. Cruthis of Granite City, recently completed basic training at Marine Corps Recruit Depot, San Diego, and was promoted to his present rank.

Cruthis successfully completed 11 weeks of training designed to challenge new Marine recruits both physically and mentally.

Cruthis and fellow recruits began their training at 5 a.m. by running three miles and performing calisthenics. In addition to the physical conditioning program, Cruthis spent numerous hours in uniform regulations, combat water sur-

vival, marksmanship, hand-to-hand combat and assorted weapons training.

Cruthis and other recruits also received instruction on the Marine Corps' core values — honor, courage and commitment — and what the words mean in guiding personal and professional conduct.

### Derrick Kingsley

Derrick W. Kingsley, son of Bill and Shirley Kingsley of Granite City, graduated from the United States Naval Academy in Annapolis, Md., on May 24, with a bachelor of science degree in mechanical engineering.

Adm. Jay L. Johnson, U.S. Navy, chief of naval operations (acting), administered the oath of office to those to be commissioned.

Kingsley was commissioned as a navy ensign.

During summer training periods, Kingsley received one-the-job training in surface ships, submarines, aircraft and Marine Corps units.

He is a 1992 graduate of

Granite City High School.

Kingsley is the grandson of Naomi Schweinel.

Those attending the graduation, in addition to his parents, were: Darla Kingsley; Steve Pyse; Art, Sylvia and Susan Theis; John W., Louise, John T. and Jessica Papa; Lucille Caban; Gloria and Lori Goedecke; Dan, Ruth, Natalie and Stephen Ziatz; Craig Anderson; Ernie Gameng; Carrie Heck; Al Zebio and Phil Shatto.

Kingsley has been assigned to flight school at Pensacola, Fla.

A dinner was hosted by his parents at Griffins' in Annapolis.

### Mark Galun

Few people have the opportunity to experience first hand the rewards that come from being assigned to a Navy ship forward deployed overseas.

Navy Petty Officer 2nd Class Mark A. Galun, the 28-year-old son of Barry and Kathy Galun of Granite City, is one of those few individuals.

Galun and the rest of the members of the guided missile frigate USS McCluskey are based overseas in Yokosuka, Japan, and serve as the nation's first line of defense.

Galun, an electronics technician on the 3,600-ton McCluskey, maintains, operates and repairs the ship's electronic and communication equipment. He enjoys performing a job that is professionally rewarding.

"I know my job is important in helping maintain communications aboard the ship," said Galun.

## Tips on successful Transplanting from the experts at FRANK'S® NURSERY & CRAFTS

Where Beautiful Things Begin

That lovely shrub in your yard looks simply magnificent. But you're thinking that it would look even better a few feet closer to the fence. The perfect spot for the tree you've planted a couple of years ago isn't so perfect any more. Sound familiar? Well, there's good news. The location of most plants doesn't have to be considered permanent.

Many shrubs and small trees can be transplanted without causing any undue harm to the plant. And there are many reasons for doing so. Your teenager decides a volleyball court would be perfect if only that tree wasn't in the way. You'd like to build a shed, but the shrubs are forcing you to make do with a smaller size. And the list goes on. Many gardeners engage in transplanting every year, sort of like moving the furniture around to get a new look. Here's how to go about it.

If you can tackle the job while the plant's still small, so much the better. It'll be easier for you and the plant. Plus, the plant will recover quicker from it.

Decide upon the new location before doing anything. If it seems suitable, dig the hole first.

Carefully dig around the plant, being careful of the roots. You don't want to disturb any more of them than absolutely necessary. The roots supply nourishment to the rest of the plant, so the more you remove, the less nourishment the plant's going to get.

Adequate soil surrounding the roots is very important. A plant that is moved carefully, with as much soil as possible left intact, has a better chance of survival. We're not suggesting a ton of soil that'll make the plant too heavy to lift, but enough to keep both you and the plant happy.

Once the plant is out of the ground, keep its roots moist at all times. Allowing the roots to dry out is like handing the plant a death sentence.

Don't keep the plant out of the ground any longer than necessary, but take enough time to do the job right. Try

to place the plant in its new home within 30 to 60 minutes.

Place the plant in its new location much the same way you did when planting originally. If the plant was staked in its old location, re-stake it in its new home. Otherwise, simply make sure it's straight, and this means viewing it from every angle.

Water the plant just as you would if it was its first planting. Applying a layer of mulch around its base will keep the soil moist and help prevent weed growth.

Here's a transplanting tip that you'll probably be reluctant to try, but we recommend it, and so do other gardening experts. Cut the growth back by about a third. Trim it to the shape you desire, removing about a third of the growth overall. This may seem drastic, but experiments have shown that you should stick with this rule if you want quick recovery of the tree.

If you don't perform this step, the tree may look fine for a while, but will soon go into a relapse. You will see poor foliage, poor growth and maybe even a dead branch or two. Recovery can be delayed for as much as two years. If the tree was cut back by a third, there will be sufficient roots to support the smaller amount of plant growth.

Follow these simple transplanting procedures and your plants should lead a long, healthy life, no matter where you put 'em!

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## Sports shorts

**Independiente wins tourney**  
Independiente F.C., a local boys under-14 select soccer team, captured the first-place trophy in the first-ever Coca-Cola held July 5-7 in St. Louis. Independiente played teams from four different states in the tournament, outscoring them 17-1. The road to the title included a 2-0 win over WDM Dynamo of Des Moines, Iowa; a 7-0 victory over Toros Santos of Omaha, Neb.; an 8-1 defeat of the Massachusetts ODP team and a 0-0 tie with TFCO Gazelle of Kalamazoo, Mich. Independiente's potent offense was led by Jay Haines (Belleville), who scored four goals; Jeremy Coppotelli (Collinsville), with three goals and an assist; Mike Schaeffer (Fairview Heights), with three goals and Justin Judisack (O'Fallon), who added two goals and four assists. Also getting in on the scoring were Chris Choate (Collinsville) with two goals and three assists, Sean Ackley (Fairview Heights) with one goal and four assists, Joe McClary (Collinsville) with a goal and two assists and Robby Luge (O'Fallon) with one goal.

The defense was led by goalkeeper Jason McGinty (O'Fallon) and sweeper Kris Hall (Collinsville), with strong performances turned in by Mike Karpowicz (Edwardsville), Nick Smock (Troy), Cedric Adams (O'Fallon) and Jake Tiernan (Florissant).

The team is coached by Chris Digioia, Steve Judisack and Mike Ackley.

**Soccer camp**  
A soccer camp for boys and girls ages 5-13 will be held July 22-26 in Millstadt. Belleville West varsity coach Bill Houck will be the instructor. The cost of the camp is \$25, with a \$5 fee for late registration.

The registration deadline is July 18. Applications are available at Millstadt Pharmacy or Ray's One Stop.

**PSG 3-on-3 basketball**  
Belleville Area College will host a three-on-three basketball tournament for the Prairie State Games. The tournament, open to boys and girls entering the fifth through eighth grades, will be held Tuesday, Aug. 13 at the main gym, 2200 Carlyle Road in Belleville. The girls will start play at 9 a.m. and the boys will begin at 1 p.m.

The cost is \$10 per player, which includes a PSG souvenir T-shirt. Each team is allowed up to four players per team. Medals will be awarded to the first, second- and third-place teams in each division. There will be two divisions for both the boys and girls fifth/sixth grade and seventh/eighth grade.

Advance registration is recommended by Aug. 5. To receive an application, contact Mike Juenger at Belleville Area College (235-2700, extension 271) or call Bob Emig or Matt Schmitt at the PSG office (632-1002).

**The Prairie State Games** is Illinois' largest amateur sports festival. It recently held its finals in southwestern Illinois.

**King and His Court**  
The King and His Court Four-Man Softball Exhibition Tour, featuring Eddie "The King" Feigner, will appear Friday night at the Southside Improvement Association, 800 S. Sixth St. in Belleville. Feigner, one of the world's best-known barnstorming sports performers, is celebrating the 50th anniversary of King and His Court. His career includes more than 14,000 pitching exhibitions. He has played in all 50 states and made 100 foreign tours while playing in front of 18 million people.

Southside will donate profits from Feigner's appearance to Belleville Fire Department Local 53 to purchase an infrared image system (IRIS). For more information, call 234-1343 or 235-2647.

**Seahawks car raffle**  
The Seahawks swim team, the only US swim team in the Metro East, has extended its car raffle to Dec. 1.

Chances to win a 1996 Saturn are \$10 each. A limited number will be sold, with proceeds going toward the purchase of a new bubble for the team pool.

To purchase tickets, or for more information, call Bonnie at 277-9123. Location of the drawing will be announced at a later date.

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**Sauget Golf Classic**  
The Rich Sauget/Children's Center Charity Golf Classic will be held Friday, Aug. 2 at the Prairies Golf Course, 300 Tri-Centennial Drive in Cahokia. The course is located off Illinois 157 and Camp Jackson Road, behind Cahokia Park.

Tea-off for the five-person scramble is at noon. The cost is \$150 per person, which includes golf cart, tournament prizes, attendance prizes, luncheon, dinner and mini-auction. Each participant will receive a golf/player's package. The winner of the "Hole-in-One on the 7th" contest receives a 1996 Ford Escort for one year, courtesy of Auffenberg Ford in Belleville.

Proceeds benefit the Children's Center for Behavioral Development. For more information, call Janice Mayberry Conder at 398-1152, extension 144.

**WBCA coaches academy**  
For the second consecutive year, the Women's Basketball Coaches Association (WBCA) has announced Southern Illinois University at Edwardsville will be the site for its coaches academy.

The academy, which takes place Aug. 23-25, is an instructional clinic geared toward school and college coaches. The clinic covers the essentials for developing a competitive basketball team such as fundamental offensive and defensive skills, team offensive and defensive strategies and special game situations. Bill Houck, the 1978 U.S. Olympic coach and former UCLA women's basketball coach, will conduct the three days of instruction.

The academy is limited to 200 registrants. The registration deadline is Aug. 6. For more information, call SIUE women's basketball coach Wendy Hedberg at 692-2880.

**Force Under-14 tryouts**  
The Force Soccer Team Under-14 (date of birth Aug. 1, 1982 through July 31, 1983) will hold open tryouts for the 1996-97 competitive/travel soccer season. Tryouts will be held at Whiteside Grade School, 2028 Lebanon Ave. in Belleville from 6-8 p.m. on Thursday, July 18 and Tuesday, July 23, and from 4-6 p.m. on Saturday, July 20.

Candidates should wear white shorts and shin guards. Each must bring a properly inflated size 5 soccer ball and drinking water. Non-returning players must bring a non-returnable copy of their birth certificate and a small passport-type photo.

For more information, call 624-5834 or 566-8075.

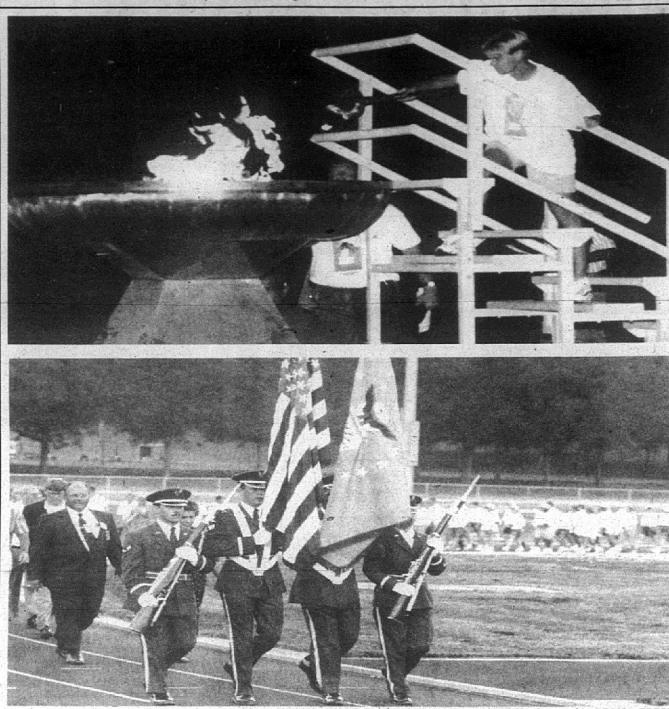
**Weslin seeks soccer coach**  
Weslin High School needs head and/or assistant boys' soccer coaches for the 1996 fall season. Applicants should call athletic director Dave Brede at 568-9897 or principal Todd Manning at 224-7341.

**Soccer coaches needed**  
Soccer coaches are needed for a new seventh- and eighth-grade boys soccer team at Ladue (Ch.) Junior High. Candidates must be available after school and some weekends beginning the first week of September. For more information, call Jack Itzkowitz at (314) 995-9055.

**Little Devils registration**  
The Belleville Little Devils will hold registration for football and cheerleading at its building in Citizens Park, 317 S. 44th St. Boys and girls must be 5-14 years old (not in high school) and bring proof of age.

The fee is \$10 per person. Registration dates are:  
Saturday, July 20, 10 a.m. to noon.  
Sunday, July 21, 1-3 p.m.  
Saturday, July 27, 10 a.m. to noon.  
Sunday, July 28, 1-3 p.m.  
Saturday, Aug. 3, 10 a.m. to noon.  
Sunday, Aug. 4, 1-3 p.m.  
Sunday, Aug. 10, 10 a.m. to noon.  
Sunday, Aug. 11, 1-3 p.m.  
Tuesday, Aug. 13, 6-8 p.m.  
Thursday, Aug. 15, 6-8 p.m.

The first practice is Aug. 10. For more information, call 233-5892 or 234-7946.



(Staff photos by JOHN FRES)



## Soccer

The St. Louis University department of athletics has released an 18-game regular season men's soccer schedule. The schedule features a host of NCAA Division I powerhouses, including three of the top four seeds from the 1995 NCAA Tournament—Virginia, UCLA and Southern Methodist.

Not in the schedule for the first time in 25 years is the annual Bronze Boot match with Southern Illinois University-Edwardsville. For ticket information, call 977-3182.

**ST. LOUIS UNIVERSITY MEN'S SOCCER**  
(all times p.m.)  
Date Opponent, Time  
Aug. 19, Erlangen-Nurnberg (exh.), 7:30

Aug. 24, UCLA (exh.), 7:30  
Aug. 31, Marquette, 6:30

Sep. 6, American at Virginia Tourney, 4  
Sep. 8, Virginia at Virginia Tourney, 1:30  
Sep. 14, Creighton at SMU Tourney, 3  
Sep. 18, SMU at SMU Tourney, 3  
Sep. 18, Southwest Mo. State, 7:30  
Sep. 20, at South Florida, 7  
Sep. 25, at Cincinnati, 7  
Sep. 29, Ohio State, 1

Oct. 2, DePaul, 7:30  
Oct. 5, Loyola at Billiken Sports Center, 7  
Oct. 13, Louisville, 7:30  
Oct. 13, at Memphis, 2  
Oct. 18, at UAB, 7:30  
Oct. 20, UNC-Charlotte, 1  
Oct. 25, CS-Euerton at UCLA Tourney, 7:30  
Nov. 27, UCLA at UCLA Tourney, 6  
Nov. 30, Evansville, 1  
Nov. 15, C-USA Semifinals, TBA  
Nov. 17, C-USA Finals, TBA

## Fishing

STATEWIDE FISHING REPORT

**Bull Shoals:** 82 degrees, normal, 1 high; black bass fair on deep running plugs; bluegill fair to good on crickets; crappie fair on jigs & minnows; walleye fair; all other species slow. (East) 83 degrees, clear, normal; black bass fair late evening on Salty Craws; bluegill fair on crickets in deep water; all other species slow.

**Besch Memorial CA:** (Lake 33) 80 degrees, normal, clear; largemouth bass fair on crankbaits & rubber worms; catfish fair on nightcrawlers; all other species slow. (Lakes 3, 4, 5, 7, & 24) Just stocked with catfish. (Lake 35) No report available.

**Clearwater:** 68 degrees, clear, normal; crappie good on minnows at night; catfish good on jugs and trot lines using cut bait & minnows & good on rod & reel using worms; bass good in morning & evening using spinnerbaits off points; bluegill good on crickets & worms along banks; all other species slow.

**Council Bluffs:** Low, clear; catfish fair on liver; redear & bluegill fair on worms; bass & crappie slow.

**Duck Creek:** 65 degrees, normal, pool clear (vegetation cover 60%); catfish good on cutbait & catpaw worms; bluegill good on crickets; bass good on spoons & plastic worms.

**Hunnewell:** 75 degrees, clear, full pool; bluegill good on natural baits; catfish fair on liver & nightcrawlers; bass & crappie slow.

**Lake of the Ozarks:** (Bagnell Tailwater) 71 degrees, normal, dingy; all species slow. (Glatze) 66 degrees, near normal level, clear; black bass, catfish, & bluegill are good; white bass are fair; all other species slow. (Gravois) clear; catfish and bluegill good; largemouth bass fair; white bass fair; crappie slow. (Niangua) fairly clear; black bass fair & late evening on top water lures & crankbaits; crappie fair over brush using minnows & jigs; white bass good on natural bait fishing deep; catfish slow; sunfish good on worms. (Osage) clear; bluegill, catfish & black bass are good; white bass fair; all other species slow.

**Little Miller:** 73 degrees, clearing, full pool; catfish good on live baits; all other species slow.

**Long Branch:** 81 degrees, 3 high, dingy but clearing; bass good; channel catfish good; all other species slow.

**Mark Twain:** 76 degrees, dingy, 7 high; all boat ramps open; bass good early morning & late evening on rocky points using rubber worms & lizards; catfish good on cut lines & pole & line with green sunfish & cut shad; bluegill good on worms & crickets; along banks; crappie fair to good along channels in 5-10' depths on jigs & minnows.

**Norfork:** 82 degrees, clear, normal; black bass fair on Salty Craws & plastic worms; catfish fair to good using live bait & cut shad on trotlines; bluegill fair on nightcrawlers & crickets; all other species slow.

**Pomme de Terre:** 83 degrees, clear, slightly above normal pool; catfish excellent using cut shad & chicken livers on trotlines, jugs, & limlines; black bass good at 6-12' depths; crappie & secondary points using crankbaits & Salty Craws early & late; bluegill good using worms & crickets; crappie fair to good at 5-10' depths around stump & bridge pilings; using minnows & jigs; walleye fair to good on plastic state & sandy point trolling with crankbaits; white bass fair trolling flats.

**Stockton:** 84 degrees, clear, normal pool; white bass excellent using color Rooster Tails; bluegill excellent around shorelines using crickets; crappie fair at 2-20' depths around structures using minnows & jigs; black bass fair using crankbaits & spinnerbaits early & late; walleye fair drifting with nightcrawlers.

**Table Rock:** (James River Arm) 64 degrees, normal, 1 high; black bass fair on nightcrawlers & plastic baits; bluegill fair on worms & crickets; catfish fair on trotlines; all other species poor. (Shell Knob) 83 degrees, slightly murky, 1 high; bass fair early morning & late evening on topwater; green sunfish good; white bass fair; catfish fair; all other species poor.

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# Curt Smith will be remembered

The Belleville area lost more than a businessman when Curt Smith, 81, the owner of Curt Smith Sporting Goods, died Wednesday, July 11, at his Shiloh residence.

"He was the friendliest, most positive person I've ever known," said John Vallero, vice president of the sporting goods store located at 213 E. Main St. in downtown Belleville.

While the store is observing its 50th year of operation, Vallero is in his 25th year with Curt Smith and has seen the company prosper.

"Curt had the vision to see a need," Vallero said of Smith, who moved the store from its West Main location to East Main in 1985.

While other businesses left Belleville and other sporting goods companies entered the area as competition, Curt Smith Sporting Goods gained a national reputation via its volume of sales.

"Institutional sales (to schools) account for about 80 percent of our business," said



Art Voellinger

Vallero, who noted that the store has seven full-time salesmen on the road daily.

Yet, even at age 81, Smith continued to function in some capacity with his business — a fact appreciated in late May when he visited O'Fallon High.

"He often delivered products," said OTHS principal Dennis Grimmer, who had dealt with former O'Fallon coach Smith as a coach, athletic director and most recently as principal.

"A large amount of our athletic supplies come from Curt Smith's, but it has been because of quality," said Grimmer.

For school officials long in the business of dealing with

Smith, though, dependability was as much a trademark.

"He always would do something for someone in some way," said Vallero.

A native of Indianapolis, Ill., Smith was an outstanding football, basketball and track athlete in high school and was ranked second behind an Olympic half-miler during his undergraduate days at Illinois Normal (now Illinois State University).

After earning a master's degree in physical education at New York University, he followed two years of junior high coaching in Normal to his first varsity basketball job at O'Fallon High in 1939-40 when the Panthers and their young coach compiled a 22-3 record, including 19 consecutive victories and a regional championship.

When that team (called O'Fallon's "Terrific Ten") held a 40-year reunion, Smith received a plaque calling him "O'Fallon's Greatest Coach."

Still, Smith was quoted as saying: "The team I coached

was a team I inherited from someone else."

That someone else was Conrad Schenck, who left after the 1938-39 season to become a chiropractor and left the school board with 60 applicants, including Smith.

In the post-Depression and pre-World War II era, basketball enlivened O'Fallon, and Smith and his team realized a regional title in the form of a 41-29 win over Collinsville. Two years later, Smith and his Terrific Ten all entered military service with Curt reaching the rank of captain in the Army Air Corps.

A two-page photocopy of an O'Fallon Progress marking the season hangs on a wall of the second level of the Curt Smith Store where Vallero said Smith often would place a basketball in hand to show an observer/defender how he taught pivot moves.

Always proud of his physical condition and the ability to kick an outstretched hand held as high as six feet off the ground, Smith was an avid outdoorsman.

"He didn't miss many days with Wally Rauth and Bob Goaly during the 'quail' season," Vallero said of Smith, a member of the Illinois Basketball Coaches Hall of Fame and the Illinois Athletic Hall of Fame.

"He was a special person," said Rauth, who with nationally known golfer Goaly served as a pallbearer for their longtime friend.

To know him would be to like him," said Rauth of Smith, who like Wally and Bob had suffered rotator damage to the left shoulder.

Whether dealing with national companies like Rawlings, Hillerich and Bradbury or Nike or with those in need of team sponsorship, Curt Smith was a man known for his most pleasant disposition. My sympathy to his wife Doris and family, including son Steve and daughter Peggy.

**OVERTIME:** Members of Smith's winning OTHS team were: John Schneider, Francis Titter, Ralph Niedecker, Floyd Rogers, Bill Gribler, Ralph Hall, Floyd Tiedemann, Stanley Kuehn, Jack Taylor and Ben Hamm. The team recorded a 12-0 Cahokia Conference title season and lost in the sectional semifinals by a score of 30-31 in double OT to Wood River.



(Photos by JOHN FRESSE)



**Taking the plunge** — Members of the Paddlers swim team practiced their form at a recent practice. At top, Zach Birch practices a dive. Zach competes in 9-10 boys. At left, Sarah Caudron, who competes in 11-12 girls, heads for a splashdown.

## Cardinals Team of the Week

Sponsored by Kansas Blue Cross and Blue Shield



The Collinsville United Apex soccer team won the U-10 boys division in the Fury Invitational, held June 8-9 in Indianapolis. The team won all four of its games and outscored its opponents 20-5. Apex advanced to the Nike Triple Crown Finals this summer in Denver. Team members include (front row from left) Tom Bartz, Steven Tipton, Michael Bone, Jason Omohundro, Cody Miller, Mark Clark, Justin Markezich, Steven Odom; and (middle row) Dustin Grice, Matt Bieser, Drew Hulse, David Perez, T.J. Aldridge, Paul McGee and Ryan Malawy. Pictured in the back row are coach Martin Bartz, manager Julie Clark and coach Jay Miller.

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<p><b>JIM BEAM</b> 15.99 each Jim Beam 1.75 L.</p>	<p><b>CANADIAN SUPERIOR</b> 11.49 each Canadian Superior 1.75 L.</p>	<p><b>DISTILLER'S PRIDE GIN or VODKA</b> 8.99 each Distiller's Pride Gin or Vodka 1.75 L.</p>	<p><b>SEAGRAM'S 7 CROWN</b> 12.99 each Seagram's 7 Crown 1.75 L.</p>
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<p><b>JOSE CUERVO GOLD</b> 12.99 each Jose Cuervo Gold 750 ml.</p>	<p><b>MALIBU RUM</b> 10.49 each Malibu Rum 750 ml.</p>	<p><b>GLEN ELLEN</b> 3.99 each Glen Ellen White Zinfandel, 750 ml.</p>	<p><b>ALMADEN</b> 4.29 each Almaden Assorted flavors, 1.5 L.</p>	<p><b>GALLO RESERVE</b> 5.79 each Gallo Reserve Sauvignon Blanc or White Grenache, 1.5 L.</p>
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## Sports shorts

**Force Under-14 tryouts**  
The Force Soccer Team Under-14 (date of birth Aug. 1, 1982 through July 31, 1983) will hold open tryouts for the 1996-97 competitive/travel soccer season. Tryouts will be held at Whiteside Grade School, 2028 Lebanon Ave. in Belleville, at 6 p.m. on Thursday, July 18 and Tuesday, July 23, and from 4-6 p.m. on Saturday, July 20.

Candidates should wear white shorts and shin guards. Each

must bring a properly inflated size 5 soccer ball and drinking water. Non-returning players must bring a non-returnable copy of their birth certificate and a passport-type photo.

For more information, call 624-5834 or 566-8075.

**Wesclin seeks soccer coach**  
Wesclin High School needs head and/or assistant boys soccer coaches for the 1996 fall season. Applicants should call athletic director Dave Brede at

588-3897 or principal Todd Manning at 224-7341.

**Soccer coaches needed**  
Soccer coaches are needed for a new seventh- and eighth-grade boys soccer team at Ladue (Mo.) Junior High. Candidates must be available after school and some weekends beginning the first week of September. For more information, call Jack Izkowitz at (314) 995-90-95.

**Golf tourney to be held**  
Catholic Social Service is hosting its annual golf tournament on Monday, Sept. 9 at Clinton Hill Golf Course in Belleville. A shotgun start will begin the four-person scramble at 8 a.m.

Prizes for the event include a \$10,000 hole-in-one and other optional game competitions. The tourney will conclude with an awards ceremony and luncheon.

Catholic Social Services is a private, not-for-profit child and family service agency serving persons of all faiths and income levels who live in southern Illinois. Proceeds from the tournament are used

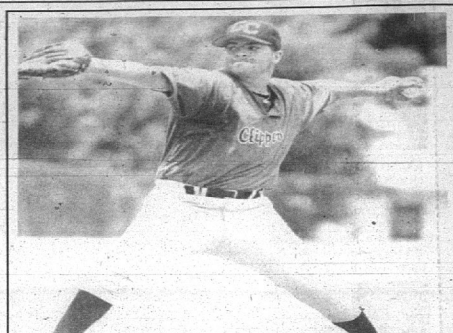
the agency's programs. For more information, call Lori Marshall at 277-9200, extension 129.

**Women's soccer tryouts**  
Tryouts for the University of Missouri-St. Louis women's soccer team will be held at 4 p.m. on Friday, Aug. 16 at the school's soccer field. Tryouts are open to all full-time female students attending the university.

For more information, call women's soccer coach Ken Hudson at (314) 515-5646.

**Olympians tryouts**  
Team Olympians, a soccer team in the Collinsville area for girls born after July 31, 1982, is holding tryouts for a goalkeeper and field player. For more information, call 667-2745 or 667-2254.

**Soccer sign-ups**  
The Gateway Youth Soccer Association is accepting team applications for the fall season for U-9 and U-10 recreational and U-11 through U-19 competitive boys and girls divisions. For more information, call (314) 732-GYSA.



(Photo by PAUL BAILLARGEON)

**The windup** — Clippers pitcher Mark Winfield delivers a pitch in last weekend's doubleheader.

## •Kinsers

(Continued from Page 1B)

said Smith. "I think the car runs well for us, but Steve's was faster at the end. It was a good race, and I congratulate him on a fine effort."

## •Triplets

(Continued from Page 1B)

this has definitely been a down year. As down as it's been for Tri-City, it's been an up year for Collinsville (27-5).

"It's carried right over from the high school season," Helmkamp said. "Nearly all of the kids from high school came out for the Legion team this summer, so we haven't missed a beat."

"We were young and inexperienced to begin with," said Winfield. "Then a lot of the high school players didn't come out, including seniors. That didn't help too much." Collinsville has been rolling recently, and Helmkamp said he wanted the team to know they had already wrapped up the South Division crown before the game.

"I didn't want the guys to let up," he said. "You do that, and Tri-City will hurt you. I wanted us to come out and play like we had to win."

## •Rivals

(Continued from Page 1B)

"You have no choice but to put those things behind you," DePew said. "We're all out here just to play baseball. The whole purpose is to come out here and have fun playing the game. We love the competition and the rivalry. Sometimes bad things happen, but if you want to play, you have to let those things slide."

"We just want to play," said Moehrs. "Things happen. But both teams gathered themselves and played a very good ball game."

Game two featured one of the league's all-time great pitchers in Granite City's Hendrickson against one of the younger pitching stars in the league, Waterloo's Cole Proffer of Dupo.

Each team played a run in the first inning. John Moad drove in the Clippers' first run, and the Buds scored when Neil Fiala and John Wahlg pulled off a double steal. Fiala snuck home to make a game.

The Buds then had a big inning against Hendrickson (8-2) in the second, as Mark Vogel, Clay Moehrs, Fiala and Mike Wirth all drove in runs.

"I threw some bad pitches early," Hendrickson said. Moehrs said he was generally pleased with both of his young pitchers on Saturday.

"Chris (Hargan) and Cole are both very improved," said Moehrs. "You have to make the plays in these games with two good teams. There were instances in the first game where we didn't make the plays. And in the second game we pretty much made all of them."

"He threw the breaking ball for strikes, and had good location on his fastball," DePew said of Proffer. "He can pitch."

The Clippers came back in their half of the sixth. Jeff Stephens led off with a homer off Proffer, then Jason Wood hit an RBI triple later in the inning, and he was driven home by Hendrickson's double off the glove of shortstop Jeff Kaiser.

Proffer looked to tiring in the sixth, but he came back to throw a good ninth inning to get the win.

"I wish we played nine-inning games sometimes," DePew said.

## •Forfeit

(Continued from Page 1B)

But Winfield settled down, yielding just a leadoff hit to Wahlg in the third before retiring the next nine hitters.

"Winfield was throwing well all day," Moehrs said. "He was moving the ball in and out, and we could never get on track. When we did score, we were fortunate enough to string a few hits together."

Winfield went live strong

innings for the win. He allowed six hits, while walking one and fanning six.

Hargan had an uncharacteristic poor performance. In 5½ innings, he surrendered nine runs — seven earned — on eight hits. Just as important, the righthander issued six walks, including three in the final sixth.

Both teams put together big first innings after two were out. Hargan retired Tim Hogan

and Stephens to open the game. But Jamie Hogan homered to left-center for a 1-0 advantage. Moad walk and DePew singled, and Wood's safety caged Moad home for a 2-0 lead.

Waterloo responded with three two-out tallies in its half of the first. Clay Moehrs and Neil Fiala were retired, but Mike Wirth walked. John Wahlg singled, moving Wirth to third. Jim Wahlg delivered a run-scoring hit for the Buds'

first tally. John Wahlg crossed the plate on a Hendrickson error, and catcher Rik Work culminated the uprising with another single, scoring Jim Wahlg. Fiala's two-out round-tripper in the second inning provided Waterloo with a 4-2 cushion.

Granite City, though, got that run back in the third. With one out, Jamie Hogan doubled and stole third. Moad struck out, but Hogan raced home on Work's passed ball.

## •Trend

(Continued from Page 1B)

together, you won't have a team," said DePew. "I'm fortunate that I have enough people around me that are willing to do some of the work. Not everybody's that fortunate."

"You look at Vern Moehrs (Waterloo), and Denny Pieper (Valmeyer), and Jim Blackledge (East Alton). It's hard to find guys like that." It would seem that one untapped area would be the Collinsville area, along with Edwardsville. Now that the Tommys are no more, there is a huge group of great baseball players in that area of Madison County which could form a competitive team.

"I always try to find guys to play for us who like the game as much as I do," he continued. "The guy has to be dedicated. We're losing teams, and something has to be done. Some people might look at us now, with eight teams, and think that's OK. But we have to find ways to get more people attracted to the game."

step up," DePew said. "If they do that, we'd be happy to have a team from that area."

"I've been in this league since 1952," Moehrs said. "And I've always been very proud of this league. But society has changed. You can no longer be what you would call a 'Sunday' league. Six of our teams in the league have lights (at their parks). We have to start playing night ball in the league. If we could do that, and give players some weeks off, we can maybe keep players more available."

"Also, our league is not capable of playing four games in two days. We're not tooled with enough pitchers to play four games in two days. You end up with sloppy ballgames."

"I always try to find guys to play for us who like the game as much as I do," he continued. "The guy has to be dedicated. We're losing teams, and something has to be done. Some people might look at us now, with eight teams, and think that's OK. But we have to find ways to get more people attracted to the game."

NOTES: The post-game talk was about the game-one fiasco, which featured arguments between home-plate umpire Brett Ries and just about everybody rooting for Waterloo, including a boisterous fan behind home plate.

The Buds forfeited game one when Moehrs refused to make the fan leave the premises. Moehrs, who has managed nearly 1,600 games with almost 1,300 victories, said it's the first time in his career he's ever forfeited a game.

"Never, in 1,600 games," he said. "Not a non-league game or a league game. And this upset me a little."

Even though Moehrs didn't think Ries used the best judgment, he still believes Mon-Clark League umpires do a good job. That doesn't mean he liked what happened Saturday.

"I'll tell you what, though, as bad as the umpiring might or might not be, you still need umpires to have a baseball game," he said. "Anybody can make a mistake. You just have to see things like that happen."

"The important thing is that both teams moved on and played a great second game." Waterloo was missing several players from their lineup, including Jim Anderson, Josh Markert and John Baxmeyer. However, Granite City was a bit short-handed as well, as catcher Joe Wallace has left the team and Brian Harshany arrived just in time for game two.

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93 NISSAN QUEST VAN V-6, AUTO, FACTORY WARRANTY WAS \$15,995 SALE \$15,444	91 MAZDA MPV VAN 3 Seats, Nice WAS \$8,999 SALE \$8,585	93 DODGE LUMINA APV V-6, AUTO, PW, PL WAS \$10,995 SALE \$9,898	95 OLDSMOBILE CIERA 4 DR, AUTO, V-6, 1600cc WAS \$8,995 FROM \$12,444
91 HONDA CRX 5 SPEED, A/C, BLACK WAS \$7,995 SALE \$7,575	94 MAZDA B2300 PICKUP 5 SPEED, A/C, 22xxx MILES WAS \$10,995 SALE \$9,999	93 SONOMA SLE PICKUP V-6, A/C, CAMPER WAS \$10,995 SALE \$9,797	93 FORD TEMPO GL 2 DR, A/C, 47xxx MILES, RSC WAS \$7,895 SALE \$6,999
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**Pontoon Beach Lions** — Above, Pontoon Beach Lion President Dean Comer, back row, presented three of seven scholarships to, from left, Emilee Bailey, Anna Pieper and Amanda Preloger. Other scholarship winners were Matthew Bolandis, Matthew Vollmar, David Wallace and Maureen Kelly. Below, the Lions Club held its installation of officers dinner recently. Shown are Bob Lipscomb, left, receiving his Lion of the Year award from Comer.



## BPW group awards three scholarships

Granite City Business and Professional Women has a strong membership of energetic women who work hard to foster women's issues.

BPW takes great pride in the ability to award three scholarships to Granite City area women. One of those scholarships has historically been designated for a graduate of Granite City High School. Those funds were donated to the scholarships foundation of the high school and presentation was made in the organization's name by Kathy Clark on awards day at the high school.

Rebecca Coker and Debra Mathenia of Granite City were presented with the Business and Professional Women's \$1,000 scholarships.

Coker has worked in health information services at St. Elizabeth Medical Center since 1982. She is a physician peer review coordinator. The scholarship will help her receive an associate degree in medical record technology.

Mathenia has worked for St. Elizabeth Medical Center since



Business and Professional Women members and scholarship winners are, from left, scholarship trustee Joy McClard, Rebecca Coker, scholarship trustee Liz Briggs, scholarship recipient Debra Mathenia and president of the BPW Kathy Clark.

1977, in a variety of positions. This scholarship will help her receive an associate degree in applied science in data processing.

Each year BPW members conduct several fund raisers to make money for the scholarships. The scholarships are awarded to help young people pursue their education and, it is hoped, return to the community to help in its growth.

## Homemakers Extension holds meeting

The June meeting of the Granite City Unit of Homemakers Extension Association was held at Anchorage Recreation Hall on June 4. Celia Schreiber, Nina Dittman and Florence Stokes were the hostesses. They served lunch.

An invocation was given by Mary Evalyne Yenko.

Mary Thebeau, president, opened the meeting with the Pledge of Allegiance. The Homemakers' Aim was led by Ann Pates.

Dittman gave a lesson on

"Understanding Local Property Taxes."

Roll call was taken by the secretary, Yenko, and showed that there were 17 in attendance. The minutes of the previous meeting were read and the treasurer's report was approved.

Florence Stokes, first vice president, thanked the hostesses and Dittman for the lesson.

The August tour to Bloomington was discussed. Members who will be attending are Yenko, Thebeau, LaNeil Les-

sig, Mary Radick and Ann Konopka.

The nominating committee gave their report. The following officers were installed: Thebeau, president; Stokes, first vice president; Vera Lynn, second vice president; Yenko, secretary; and Sophie Thomas, treasurer. The installing president was Stokes.

The new international chairwoman will be Lessig.

Chairwoman of the Christmas party will be Phyllis Brunsatt.

Yenko gave a report on the 60th annual meeting for Home and Community Education, which was held April 29 at the Holiday Inn in Alton. She was made a member of the board.

The new name of the group will be Home and Community Education or H.C.E.

The July meeting will be a visit to Josephine's in Godfrey. The group will meet at 11 a.m. July 9 at the recreation hall. There will be no meeting in August.

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P195/75R14	43	—	59
P195/70R14	43	51	59
P205/75R14	—	55	60
P215/75R14	—	55	63
P205/75R15	46	54	61
P205/70R15	—	57	62
P215/75R15	47	57	63
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P215/70R14	\$65	P225/70R15	\$68
P255/70R15	77	P215/65R15	66
P215/60R14	65	P235/60R15	73
P275/60R15	85		

#### MERIT DH 60/65

HR SPEED RATED BLACKWALL

P175/65HR14	\$54	P185/60HR14	\$58
P185/65HR14	57	P195/60HR14	63
P195/65HR14	64	P205/60HR14	68
P185/65HR15	62	P195/60HR15	66
P195/65HR15	65	P205/60HR15	71
P205/65HR15	71	P215/60HR15	74
P185/60HR13	53	P225/60HR15	76

FREE MOUNTING • FREE BALANCE • FREE VALVE • FREE ROTATION • FREE ROAD HAZARD\*

### MICHELIN

BECAUSE SO MUCH IS RIDING ON YOUR TIRES.

#### ORIGINAL EQUIPMENT SPECIALS

<b>MX4</b> P175/70R13	BLK	\$70	<b>XW4</b> P215/75R15	BLK	\$80
Fits: Nissan Sentra			Fits: Chevy Astro Van, GMC Safari Van, and Jeep Cherokee		
<b>XZ4</b> P185/75R14	W/W	\$79	<b>XW4</b> P215/65R15	BLK	\$93
Fits: Nissan Sentra			Fits: Dodge Caravan, Plymouth Voyager		
<b>XGT4</b> P175/65R14	BLK	\$79	<b>XW4</b> P225/60R16	W/W	\$97
Fits: Toyota Corolla, Hyundai Elantra			Fits: Lincoln Town Car		
<b>XGTH4</b> P195/60HR14	BLK	\$107			
Fits: Infiniti G20, Acura Legend					
<b>XZ4</b> P205/70R15	W/W	\$99			
Fits: Riviera, Electra, Olds 98, Tornado, Cutlass, Cadillac Deville, Seville, and Eldorado					

### ALL SEASON LIGHT TRUCK TIRES

As Low As \$59 P205/75R14/4

**FREE!!**

- MOUNTING
- BALANCING
- VALVE STEMS
- ROTATION

RAISED OUTLINE WHITE LETTERS	*SPECIAL PURCHASE ALL SEASON	PREMIUM ALL SEASON
P205/75R14/4	\$59	\$71
P235/75R15/4	71	83
LT235/75R15/6	85	103
30x9.50R15/6	88	105
31x12.50R15/6	96	114
33x12.50R15/6	—	133
BLACKWALL		
LT215/85R16/8	—	109
LT235/85R16/10	99	119
LT245/75R16/10	—	120
LT265/75R16/6	104	120
8.75R16.5/8	—	111
9.50R16.5/8	—	124

\* FET, TAX TREAD MAY VARY

**We Carry A Complete Line of Michelin Passenger, Performance & LT Tires at Competitive Pricing.**

#### A/C SERVICE

**\$39.95**

Inspect & Test A/C System  
Fron Extra

NOT VALID WITH OTHER COUPONS  
MOST CARS & LIGHT TRUCKS

#### BRAKE SERVICE

**\$59.95**

- Install New Front Disc Pads
- Bleed Lines
- Resurface Rotors
- Repack Wheel Bearings
- Inspect Calipers
- Road Test

NOT VALID WITH OTHER COUPONS  
MOST CARS & LIGHT TRUCKS

#### LUBE • OIL • FILTER

**\$15.95**

- Drain Oil
- Change Filter
- Lube Doors
- Top Off Fluids
- Inspect Belts and Hoses
- Includes up to 5 qt. 10W/30 Oil

NOT VALID WITH OTHER COUPONS  
MOST CARS & LIGHT TRUCKS

#### ALIGNMENT

**\$29.95** **\$39.95** **\$49.95**

TWO WHEEL THRU SHOCK FOUR WHEEL

Free Suspension Inspection with purchase of alignment. Precision align front or rear wheel caster/camber and lower in (on cars with adjustable suspension). Computerized wheel alignment. Rear wheel spring extra.

NOT VALID WITH OTHER COUPONS

#### SHOCKS

**\$99.00**

INSTALLED

4 HEAVY DUTY GAS-CUSHIONED SHOCKS

#### ROTATE & BALANCE

**\$19.95**

4 WHEELS

CUSTOM WHEELS EXTRA  
MOST CARS & LIGHT TRUCKS  
NOT VALID WITH OTHER COUPONS

**HOURS:**  
MON-FRI. 8-6 pm  
SAT. 9-4 pm

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3825 PONTOON RD. • PONTOON BEACH

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JIM WILLIAMS  
OWNER

**SERVING THE  
PONTOON  
GRANITE CITY  
AREA SINCE 1979**

BILL FALLIS - Align.  
JOE PATES - Mech.



## Community calendar

Our event calendar also includes entries for community groups and their normal meeting days. Such groups meet on the first Monday of the month, the first Tuesday of the month, etc. Readers are encouraged to call these groups if holidays or other days pose uncertainty.

Corrections, additions and deletions of information are encouraged, and new entries may be added at anytime by calling the newsroom at 876-2000.

This calendar runs in every Wednesday's Journal.

## Wednesday, July 17

Granite City Business and Professional Women, meeting at Jerry's Cafeteria. Dinner at 6:30 p.m., followed by a program at 7:15. Open to the public. For more information call 452-5391 or 451-6914.

Disabled American Veterans Chapter 53 will offer a service officer from 1 to 3 p.m. at the Tri-City Veterans Home, located at 1417 18th St. in Granite City. Call 876-7816 for more information.

Pontoon Beach Senior Citizens bingo, noon, 3910 Illinois 111, Pontoon Beach.

Pulmonary Support Group, for persons with diagnosed lung condition, 11 a.m. to noon in 4-Doctors Solarium, St. Elizabeth Medical Center, 798-3019.

Singles Connection, Meet at 8 p.m. at Dave's Cappuccino, Illinois 157 in Collinsville.

across from China Palace. Live music starts at 8:30 p.m. Call John at 288-9127 for more information.

Al-Anon, 7:15 p.m. Gateway Foundation, 600 W. Lincoln Ave., Caseyville. Call 463-3429 for more information.

Alcoholics Anonymous, 11 a.m. and 8 p.m., 2116 Club, 2116 Edison, Granite City, 1 (800) 307-6600.

Alcoholics Anonymous, 8 p.m., St. Elizabeth School's Noah's Ark Day Care, Pontoon Road, Granite City. The meetings are closed except for the last Wednesday of the month.

Collinsville Area Recreation District in conjunction with the Boots and Slippers Square Dance Club will sponsor square dance lessons from 7 to 9 p.m. at Lanham, 2200 Vandalia St., Collinsville. The cost is \$2.50 per person. Per session. For information, call 344-4636 or 344-4183, or contact CARD at 346-7529.

Divorced and Separated Group Ministry, 7-8:30 p.m., Eden United Church of Christ, 903 Second Street, Edwardsville, 656-9944.

Parents Anonymous Group, meets 6 to 8 p.m. For information on where meeting will be held, call Elaine Landolt, 462-2714.

Madison Community Action Group meets at 7 p.m. For more information call Dan at 452-2336 or Diane at 876-1360.

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Alzheimer's Support Group meets from 6:30 to 8 p.m. in the President's Room, inside Bonaventure's Cafeteria, on the ground floor of St. Elizabeth Medical Center, 2100 Madison Ave. The group focuses on addressing the questions and concerns of care-givers and family members of people with Alzheimer's. All meetings are open to community members. Call 798-3016 for more information.

Lions Club of Pontoon Beach meets at 6:30 p.m. at the Lions Den, 3901 Lake Drive in Pontoon Beach. Anyone interested in helping the visual or hearing impaired are welcome. Call Bob at 797-0747 for more information.

Singles Connection will meet at 7 p.m. at Past Eddie's Bon-Air Tavern, 1530 East Fourth St. in Alton.

Bemis Chiropractor, 3361 Fehling Road in Granite City, is offering free electronic spinal screenings from 9 a.m. to noon. Call 876-2273 for more information.

Chouteau Township Senior Citizens, 9 a.m. to 2 p.m. Social Center, 906 Thorngate Drive, Mitchell.

Eagle Park Area Seniors at Madison meet from 10 a.m. to noon at 100 Hill St. (rear),

Eagle Park Acres, Madison. Alcoholics Anonymous, 8 p.m., 2116 Club, 2116 Edison, Granite City, 1 (800) 307-6600.

Alcoholics Anonymous, 8 p.m., Presbyterian Church, Mitchell, 1 (800) 307-6600.

Alcoholics Anonymous, 11 a.m., 2116 Club, 2116 Edison, Granite City, 1 (800) 307-6600.

Take Off Pounds Sensibly Chapter 2363, 6:45 p.m. at Anchorage Recreation Center, 2909 Edwards St. For information, 797-6551 or 877-2784.

Al-Anon, 8 p.m., Wellness Center, 2103 Iowa, 463-2429.

Narcotics Anonymous, Seeking recovery, 8 p.m., 2016 Delmar Ave., 24-hour hot-line 398-9409.

Granite City Community Band rehearsals, 7:30 to 9 p.m., St. John United Church of Christ, 2901 Nameoki Road, Granite City, 951-0443.

Friday, July 19

Al-Anon meets at 8 p.m. in the Milonski Room in the basement at St. Elizabeth Medical Center. Call 463-2429 for more information.

Alcoholics Anonymous, noon and 8 p.m., 2116 Club, 2116 Edison, Granite City, 1 (800) 307-6600.

Friday Afternoon Pinocle

Club for seniors 55 and over meets at 12:30 p.m. at the Harold Brown Building, Franklin Avenue and Pontoon Road. Call 877-0350 for more information.

Singles Connection will meet at 8 p.m. at Rusty's, 1201 N. Main St. in Edwardsville. The band starts at 9 p.m. Call Joe at 667-4796 for more information.

STEMSS (Support Together)

for Emotional and Mental Serenity and Sobriety). A support group for people with a mental illness and an alcohol or substance abuse problem, meets from 1:30 to 2:30 p.m. at Pascal Hall, St. Elizabeth Medical Center. Call 798-3604 for more information.

Saturday, July 20

Obsessive/Compulsive Disorder (See CALENDAR, Page 7B)

## Laura's Service Specials

We've Extended The Hours In Our Parts & Service.

Department To Service You Even Better!

Monday - Friday: 7:30 a.m. to 7:00 p.m.

Saturday: 7:30 a.m. to 12:30 p.m.

WE GIVE YOU A CHOICE EVERY DAY!

Mr. Goodwrench "Quick Lube" Plus

29 minutes or the next one is free!

Includes up to 5 quarts of Mr. Goodwrench 5W/30 motor oil, A.C. oil filter and chassis lubrication.

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## ACADEMY OF BEAUTY CULTURE, INC.

ALL WORK DONE EXCLUSIVELY BY STUDENTS

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Financial Assistance Available - Call For An Appointment

ZOTOS® REGULAR \$15

PERFECT COMB OUT PERM \$10

INCLUDES STYLE SPECIAL

20TH & CLEVELAND GRANITE CITY (CLOSED MONDAY)

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## Collinsville Christian Academy

Enrollment Application for 1996 - 97 School Year is Now Available

Curriculum: A-Beka / Bob Jones / Saxon Math

Kindergarten through Grade 12

Boys' Soccer, Basketball, Track

Girls' Basketball, Softball,

Track, Cheerleading

Fine Art Ministry Education:

Training in Band, Vocal, Drama, Dance,

Mime, Stagecraft, Sound and Lighting,

Costume and Design



# Calendar

(Continued from Page 68)

Mental  
A sup-  
with a  
alcohol  
problem,  
3:30 p.m.  
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Page 78

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order Support Group, meets at Von Gontard Conference Center at St. John's Mercy Medical Center, 615 South New Dallas Road, 10 a.m. Meeting is free and open to OGD patients, family and friends. For information call 1 (314) 843-3578.

**Alcoholics Anonymous**, 8 p.m., 2116 Club, 2116 Edison, Granite City, 1 (800) 307-6600.

**Al-Anon Adult Children**, 10 a.m., Wellness Center, 2103 Iowa, Granite City, 463-2429.

**Narcotics Anonymous**, Acceptance, 8 p.m., 2016 Delmar Ave., 24-hour hot-line 398-9409.

**Rescue Mission**, 1536 Fourth St., Madison, food pantry is open from 9 a.m. to noon. Samuel Turner is the chairman, Valonda Turner is the secretary and Alfred Turner is the pastor.

## Sunday, July 21

The Pontoon Beach Jaycees regular meeting is held at 7:30 p.m. at Ralph and Charlie's Steak House. The meetings are open and the public is invited.

**Angels Connection** will bike ride from Elsie to Grafton. Meet at noon in Elsie. Non-riders can meet at 1 p.m. at the "Boat Works" bar, overlooking the river in Grafton, for refreshments. For more information, call Kevin at 696-3364.

**Craft Show and Flea Market** will be held from 10 a.m. to 4 p.m. at the Pontoon Beach Senior Citizens building, 3910 Highway 111. For more information, call 766-2513.

**Alcoholics Anonymous**, 1:30 p.m. and 8 p.m., 2116 Club, 2116 Edison, Granite City, 1 (800) 307-6600.

**Narcotics Anonymous**, Live the Steps, 8 p.m., 2016 Delmar Ave., 24-hour hot-line 398-9409.

**Alcoholics Anonymous**, 8 p.m., St. Elizabeth Medical Center, Pascal Hall, main floor, Granite City, 1 (800) 307-6600.

**Eagles Auxiliary** 1126 Bingo, 1 p.m., at the Nameoki Bingo Center. Also included will be a color raffle, 50/50 drawing free games and other raffles.

## Monday, July 22

**Arthritis Support Group**, 7 p.m., Alton Memorial Hospi-

tal cafeteria, Room B.

**Good Shepherd and Trinity United Methodist Church** will hold a joint Vacation Bible School at 3025 National Ave. in Granite City from 6:30 to 8:30 p.m. for preschool through sixth grade children. Refreshments are served. All children are welcome to attend. Call Debi Caudron at 876-0835 for more information.

**Senior Social Club**, business meeting at 6 p.m. at the Township Hall. Dessert is served following the meeting. Games and bingo are played at 7 p.m. Call 877-1215 for more details.

**Alcoholics Anonymous**, noon and 8 p.m., 2116 Club, 2116 Edison, Granite City, 1 (800) 307-6600.

**Al-Anon**, 9:30 a.m., 2116 Club, 2116 Edison, Granite City, 463-2429.

**First Place**, a Christ-centered nutrition program, meets from 9 to 7 p.m. at First Baptist Church, 2041 Delmar Ave. in Granite City.

**Senior Social Club** will meet for games at the Granite City Township Hall, 2060 Delmar Ave. in Granite City. Doors

open at 9 p.m.

**Singles Connection** will meet at 6:30 p.m. at Cottonwood Cinemas. For more information, call Frank at 876-4315.

**TOPS 2048 (Take Off Pounds Sensibly)**, 8 p.m., Melvin Price Support Center in Granite City, 876-2124.

**TOPS IL**, 645, 7 p.m., Anchorage Recreation Center, 2902 Edwards St., Granite City, 452-6102. Men and women welcome.

## Tuesday, July 23

**Behavioral Health System** will present a talk on "Chemical Dependency and the Media Seduction" at 7:30 p.m. in Pascal Hall at St. Elizabeth Medical Center. The speaker will be Warren Neal. This talk is free and open to the public. Call 798-3888 for more information.

**Benevolent and Protective Order of Elks**, Granite City Lodge 1068, Maryville Road, Granite City, 931-5557, 8 p.m.

**Cloverleaf-East Madison Fire Protection District** will

meet at 9:30 a.m. at 2022 Fourth St. in Madison. The public is invited to attend.

**Good Shepherd and Trinity United Methodist Church** will hold a joint Vacation Bible School at 3025 National Ave. in Granite City from 6:30 to 8:30 p.m. for preschool through sixth grade children. Refreshments are served. All children are welcome to attend. Call Debi Caudron at 876-0835 for more information.

**Job's Daughters Bethel #43** meets at 7 p.m. at the Masonic Temple, 20th Street and Cleveland Boulevard.

**Knights of Columbus**, 3rd Degree, 4225 Old Alton Road, 7:30 p.m., 877-4250.

**Ostomy Support Group**, 2 to 4 p.m., Pascal Hall, main floor, St. Elizabeth Medical Center, 798-3167.

**People Needing People Bereavement Support Group**, 7 to 9 p.m., Wisconsin Room, first floor, St. Elizabeth Medical Center; call Hospice of Madison County, 798-3399.

**Singles Connection** will play volleyball at 8:30 p.m. at the YMCA, Esic Drive in

Edwardsville. There is a \$3 fee for three hours of play. Call Frank at 876-4315 for more information.

**Bemis Chiropractic**, 3361 Peeling Road in Granite City, is offering free electronic spinal screenings from 9 a.m. to noon. Call 876-2273 for more information.

**Depressive Manic Depressive Association of Madison County** will meet from 7 to 9 p.m. at St. Elizabeth Medical Center. James E. Lewis and Karl A. Strassman, Co-leaders of the DMDA, will conduct the meetings. For more information, call 877-7517 or (314) 776-4929.

**TOPS 1699 (Take Off Pounds Sensibly)** will meet at 6:45 p.m. at the Anchorage Recreation Center, 2902 Edwards St.; call 797-2724 for more information. Men and women are welcome to attend.

**Alcoholics Anonymous**, 8:30 a.m. and 8 p.m., 2116 Club, 2116 Edison, Granite City, 1 (800) 307-6600.

**Alcoholics Anonymous** (women only), 8 p.m., Presbyterian Church, Mitchell, 1 (800) 307-6600.

**Alcoholics Anonymous**, 8 p.m., St. John United Church, 2901 Nameoki Road, Granite City, 692-8078.

**Alateen and PreAlateen Program** for 12 to 17 age group, and prealateen for six to 11 year age group, meets at 8 p.m. at Niedringhaus United Methodist Church, 20th and Delmar. For more information call 463-2429.

**The Blood of the Lamb** prayer and bible study. The public is invited to come for praise and worship, teaching from the Word and prayer for your needs from 10:30 a.m. to 12:30 p.m. at Full Gospel Fellowship Hall, 2301 Orville, Granite City. A nursery will be provided. If a ride is needed, call 451-4020 or 1 (314) 888-1855.

## Wedding Memories

A special tribute to couples wed from 1900-1996 will appear in the Classified section on Sunday, July 28.



Honor your parents or friends by rekindle your own memories by placing a special tribute in this special section. The deadline is Monday, July 22nd, and the price is the year the couple was wed. For example: If you were married in 1933, the cost of the ad would be \$19.33. To submit your tribute, complete the form below, include photograph & payment and mail to Suburban Journal, 1714 Deer Tracks Trail, St. Louis, MO 63131. Please put your name and address on the back of the photos so that we may return them. If you have any questions, please call us at (314) 966-EAST (3275).



Robert & Michelle Lofton  
June 25, 1994  
High Ridge, Mo.

## Wedding Memories

General Dept., Suburban Journals, 1714 Deer Tracks Trail, St. Louis, MO 63131  
Names of Bride & Groom \_\_\_\_\_  
Date of Wedding \_\_\_\_\_ Location of wedding \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_  
City \_\_\_\_\_  
Price is year couple wed: \$ \_\_\_\_\_ Check/Money order or  
☐ Visa ☐ Mastercard ☐ Discover CC# & Exp \_\_\_\_\_  
Mark the Zone ☐ South ☐ Jeff ☐ West ☐ North ☐ St. Charles ☐ Illinois  
Signature \_\_\_\_\_

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Shown are, from left, Jeremy Johnson from the Collinsville Vocational Center, Jason Gilmore from the Granite City Vocational Center and Cass Hierman from the J.B. Johnson Vocational School in Alton.

## Granite City resident honored by county HBA

The Home Builders' Association of Madison County has recently honored three area high school students at its annual Building Trades Awards Night.

The students honored were Jason Gilmore of Granite City Vocational Center, Cass Hierman of J.B. Johnson Vocational School in Alton and Jeremy Johnson of Collinsville Vocational Center.

Each year the honor goes to students who have exhibited exceptional leadership and knowledge in the building trades field.

The students were honored at an awards dinner at Fox Creek Country Club in Edwardsville. Each school was presented with an updated plaque from the Home Builders' Association with the current year's winners engraved on it.

Also, each award-winning student was given a tool box outfitted with an assortment of carpentry tools donated by Fischer Lumber Company of East Alton, Great Central Lumber Company of Alton and R.P. Lumber Company in Edwardsville.

## Briefly

### Golf tourney set

A golf tournament to benefit the Old Six Mile Historical Society is planned for Sunday, Aug. 11 at the Legacy Golf Course.

The four-person scramble event will begin at 11 a.m. The entry fee of \$50 per person includes 18 holes of golf with a cart, buffet dinner and prizes.

Tee sponsors, at \$50 per hole, and putting green sponsors, at \$25, are also being sought.

Registration forms should be sent to the Legacy Golf Course, 3500 Cargill Road, Granite City, IL 62040.

Call the Legacy at 931-4653 for more information.

### School accepting

preschool registration  
St. Peter School for the Young Years, 21st Street and Cleveland Boulevard in Granite City, is accepting registration for preschool.

Classes for 3-year-olds meet Tuesday and Thursday. Classes for 4-year-olds meet Monday, Wednesday and Friday. The classes are held from 9 to 11:30 a.m. They are taught by qualified teachers.

For registration information, call 877-1994.

### Bible school

#### scheduled

Good Shepherd and Trinity United Methodist church will hold a combined Vacation Bible School again this year.

The summer vacation school will be held at Good Shepherd Church, 3025 National Ave. in Granite City, from July 22-26, with sessions from 8:30 to 9:30 p.m. daily for preschool through sixth grade.

The lessons and crafts will be centered around the theme "Come Follow Jesus."

Refreshments will be served

and all children are welcome to attend. For more information, call Debi Caudron, Vacation Bible School director, at 876-0835.

### Route closing for 2 days

The Illinois Department of Transportation said that at 8 a.m. Tuesday, July 16, Illinois 111 will be closed to all vehicular traffic for a period of two days at the Alton and Southern tracks, 1/2 mile north of Interstate 55/70. Through traffic will be detoured over Sand Prairie Lane and Collinsville Road.

The road is being closed because of reconstruction of the rail crossing. Signing and traffic control will be provided to guide motorists.

### Yard sale slated

The Granite City Association for the Protection of Animals is holding a yard sale from 8 a.m. to 5 p.m. Saturday, Aug. 24.

St. John Lutheran Church, 2001 St. Clair Ave. in Granite City, is donating the use of its basement for the sale.

Baked goods will be available. Donations are appreciated.

For more information, call Betty at 452-2780 or 931-7039.

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(\$1.19 per minute) This must be 18 or older to use this service.

### Meet & Match

One call can change it all. Meet Your Match runs every Wednesday and Sunday in the Classifieds section.

## LOCAL NEWS

## Senior menus

Donations for noon meals are \$2. Call day ahead for reservation, 877-4373.

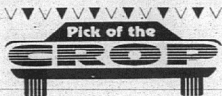
**Wednesday, July 17**  
Country fried steak, whipped potatoes, gravy, steamed cabbage, wheat bread, pineapple tidbits.

**Thursday, July 18**  
Swiss steak, parsley potatoes, Harvard beets, wheat bread, sugar cookies.

**Friday, July 19**  
Baked turkey, whipped potatoes, gravy, broccoli, wheat bread, pineapple upside-down cake.

**Monday, July 22**  
Chicken and dumplings, cole slaw, sliced beets, wheat bread, orange sherbet.

**Tuesday, July 23**  
Barbecued beef, potato triangles, Scandinavian vegetables, bun, fresh strawberries.



### Luxury Cars

91 Lincoln Town Car - Blue  
99 Lincoln Town Car - White - Red  
88 Crown Vic. 4 Dr. LX - Grey  
89 Lincoln Town Car - Creme  
95 Lincoln Mark VIII LS - Red  
95 Merc. Grand Marquis - Red  
94 Merc. Grand Marquis - Opal  
92 Crown Victoria LX - Tan  
92 Grand Marquis LS - Macho  
92 Lincoln Town Car - Red  
91 Buick Park Ave. - Grey  
82 Chev. Caprice 4 Dr. - Brown

### Mid Size Cars

(2) 95 Sable G.S. - White Or Red  
(2) 95 Taurus G.L. 4 Dr. - Silver Or Green  
95 Contour 4 Dr. - White  
94 Taurus 4 Dr. - Green  
93 Oldsmobile Cutless 4 Dr. - Blue  
92 Taurus "CX" 4 Dr. - Blue  
95 Contour G.L. - Red  
(2) 95 Mystique G.L. - Blue Or Green  
92 Taurus Wgn. - White  
92 Taurus Wgn. - White  
92 Busch Regal Limited - Blue

### Vans

(4) 95 Aerostar Extended - Various Colors  
93 Dodge Caravan "SE" - Burgandy  
90 Dodge Caravan Wgn. - Grey  
95 E350 Super Cargo - White  
93 E150 Chateau - White  
90 E150 Club Wgn. - Grey  
87 Aero XL - Tan/Tan



### Sporty Cars

95 Must. Convertible - Red  
95 Cougar XR7 - Silver  
93 Chev. Cavalier Conv. - White  
93 Pontiac "SE" Grand Am - Red  
95 Merc. Sable G.S. 4 Dr. - Silver  
89 Buick Regal 2 Dr. - Blue  
95 T-Bird LX 2 Dr. - Blue  
95 T-Bird LX - Red  
(2) 93 Cougar LS - White Or Red  
91 Must. Convertible GT - Blue  
90 Chev. Lumina "Euro" - Red  
90 Buick Regal Limited - Red  
89 Probe 2 Dr. - Red

### Full Size Trucks

95 F150 4X4 - Blue  
93 F150 4X2 - Green  
93 Chev. C2500, 454, V8 - White  
85 Dodge D150 - Tan/Yellow  
92 Dodge Dakota - White  
92 F150 4X4 - White  
90 F150 P.U. - Brown/Tan  
95 F150 XL P.U. - Green  
(2) 95 F150 XL - Blue Or Red  
94 F150 4X4 Supercab - Blue/Silver  
94 F150 XL - Blue  
93 F250 4X4 - Blue/Silver  
92 Chev. Supercab 1500 P.U. - Grey  
91 F150 XL - Grey/Red  
83 F150 4X4 - Tan/Brown

### Sport Utility Vehicles

93 Bronco Custom - Blue  
93 Bronco XLT - Blk/Silver  
93 Bronco 4X4 - Blue  
93 Chev. S10 - Blazer - Black  
92 Explorer 4 Dr. XLT - Blue  
90 Bronco II - Blue/Blue

### Compact Trucks

93 Ranger XL - Teal  
90 Ranger "S" - Maroon  
89 Ranger XLT 4X4 - Grey  
93 Ranger XL - Teal  
(2) 94 Ranger XLT - Red Or Grey  
93 Ranger 4X4 - Green  
92 Chev. S10 Tahoe - Red  
91 Ranger XLT Supercab - Silver  
90 Ranger 4X4 - Green

### Compact Cars

95 Escort LX - Red  
94 Dodge Spirit 4 Dr. - Red  
93 Tempo GL 4 Dr. - Blue  
95 Tracer 4 Dr. - Red  
94 Mercury Topaz - White  
93 Escort 4 Dr. LX - Green  
95 Contour GL - White  
95 Escort 4 Dr. LX - Green  
93 Escort 2 Dr. - Green  
93 Escort Pony - Blue  
92 Dodge Spirit 4 Dr. - White  
92 Merc. Topaz - Macho  
90 Escort 4 Dr. LX - Grey

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Red Bud - 282-6682  
500 W. South 4th St.

Call now to register or to have a counselor help you plan a degree or certificate program.

1-800-BAG-5131









Above left, enjoying lunch are, from left, Vee Throne and Alpha Barnhart. Above right, co-workers and friends are, from left, Chris Warren, Ruth Nicholas, Nancy Murphy, Verka Lindner, Marge Eck and Ollie Derr. At top, co-workers and friends are, from left, Jim Delaney, Gene Frith and Bob Planitz.

## Annual Deport reunion held June 29

The annual Deport reunion, sponsored by the Combined Maintenance Division, was held June 29 at Charlie's Restaurant with 85 people attending. Ollie Derr was master of ceremonies for the program. The invocation and Pledge of Allegiance were given by Verka Lindner. A

candlelight ceremony was given by Frances Hoppe for deceased members. The group was entertained by Glenda Crites, who performed several dance routines. She was accompanied by Claude Crites. Following the entertainment, the group enjoyed dancing to the music of Gene Finley.

## Births

### Darian Medley

David and Tinette Medley of Granite City have announced the birth of their third child, a son.

Darian Andrew was born at 7:58 a.m. May 2, 1996, at St. Elizabeth Medical Center and weighed 7 pounds, 6 ounces.

The mother is the former Tinette Cook.

Maternal grandparents are Douglas and Brenda Cook and Clara Pinkston, all of Granite City. Paternal grandparents are Larry and Ruby Sullivan of Granite City and the late Herbert A. Medley.

Darian joins Lauren, 9, and Darick, 7.

### Makayla Meyer

Tina Forrys and James Meyer, Jr. have announced the birth of their first child, a daughter.

Makayla Ann was born June 3, 1996, at Anderson Hospital and weighed 6 pounds, 10 ounces.

Maternal grandparents are Diane and Dannie Peters of Edwardsville.

Paternal grandparents are Rita and Jim Meyer of Edwardsville.

### Abbie Bergbrader

Jeff and Theresa Bergbrader of Granite City have announced the birth of their second child, a daughter.

Abbie Rose was born at 6:02 p.m. on June 3, 1996, at Anderson Hospital and weighed 9 pounds, 7 1/2 ounces.

Maternal grandparents are Evelyn and Roger Hotson of Granite City.

Paternal grandparents are Gerald and Rose Ann Bergbrader of Granite City.

### Abbie Joins Janna, 3

### Chad Wischmeyer

Roger and Maura Wischmeyer of Granite City have announced the birth of their second child, a son.

Chad Warren was born at 6:04 p.m. on June 4, 1996, at Anderson Hospital and weighed 8 pounds, 8 ounces.

Maternal grandparents are Francis and Agnes Breeden of St. Louis.

Paternal grandparents are Warren and Vivian Wischmeyer of St. Louis.

Chad joins Corey, 7.

### Bradley Carper

Toni Hendricks and Mark Carper of Granite City have announced the birth of their first child, a son.

Bradley Edward was born on June 5, 1996, at Anderson Hospital and weighed 6 pounds, 4 ounces.

Maternal grandparents are Ted and T.J. Hendricks of Granite City.

Paternal grandparents are Orville Carper and Lynn Barker of Granite City.

### Heather Carney

Mike and Lisa Carney of Granite City have announced

the birth of their second child, a daughter.

Heather Nicole was born at 11:20 a.m. on June 6, 1996, at Anderson Hospital and weighed 7 pounds, 10 ounces.

Maternal grandparents are Steve and Pam Fisher of Granite City.

Paternal grandparents are Carrie Black and Mike Carney of Granite City.

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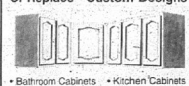


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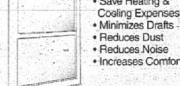
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# Today's Food

Wednesday, July 17, 1996

## Food & Nutrition

### Wise Ways

Basil basks in being a top performer on spice rack.

INSIDE

### Heart-y Bites

Barb Teng is mad about flavorful mangoes.

INSIDE

### Blue Ribbon Cook

Winner enjoys cheese and home-grown tomatoes over seasoned zucchini and green pepper on bed of rice.

INSIDE

### Private Label Test Run

Need a quick pizza for lunch or dinner? Tasters give Dierbergs frozen pizza a try.

INSIDE

### Micro Raves

The heart of a summer garden brims with color and nutrition for lucky partners indulging in fresh taste.

INSIDE

### Lively Taste

Create a simple side dish of curry rice by stirring toasted almonds or pine nuts, a little toasted coconut, curry powder and cumin into hot cooked rice.

## Health & Fitness

### Medicine Chest

Inflammation from mild exercise and sports injury can be treated with the RICE method: rice, ice — 10 minutes on and 10 minutes off, compression — wrap with an elastic bandage, and elevation — raise injured area to promote circulation and lessen swelling.

### Fresh Picks

Boosting the use of herbs cuts back on salt and thus reduces sodium. To start blending flavors, try favorites, using a 3-to-1 formula of fresh-or-dried. Try dill and chives with potato salad or eggs; sage, chives and basil with squash; mint and dill with carrots; parsley, thyme and bay (classic bouquet garni) in soups, stews or tomato mixtures. When cooking tomatoes for canning or adding to recipes, try 1 tablespoon chopped fresh (1 teaspoon dried) basil and 1 tablespoon fresh (1 teaspoon dried) oregano with 1 pint (2 cups) tomatoes.

### Big Fat Tip

When grilled meat is left, use it with smart eating in mind. It is easier to cut away fat when it is cold, so cut it in thin slices or small cubes, like deli roast beef, before rewarming. Fill pita bread pockets with slivers of lettuce, tomato, and cucumber or radish. Mix small amounts of meat with other ingredients so there is a contrast between warm and crunchy cool. Sprouts are optional, but give the sandwich a healthy glow. Use non-fat creamy salad dressing — if desired, add a touch of curry powder or freshly ground pepper or blend until creamy with a little cucumber for traditional flavor — and enjoy a filling sandwich. It is a perfect match for lunch with low-fat milk and fresh fruit.

### Future Shop

Summer makes people wish they had more options of cool drinks that are nutritious. A new line of flavored 2 percent milk is being marketed in Ohio and metro Pittsburgh. Moo Koolers compete with non-milk products. The line of 12-ounce screw-top plastic bottles is meant to appeal to kids about ages four to 12, but it is bound to be noticed by moms, dads and other adults, too. Flavors are VanillaZilla, ChocKool (chocolate mint), OrangeSlide (orange vanilla) and ChocoBoom (chocolate fudge). The product was named a "new product innovator" by Refrigerated and Frozen Foods magazine.



## A meal in time

By Janice Denham  
Staff writer



Need time to cook? Trying to stretch the budget? Want to eat more healthfully? Rhonda Barfield has a plan for you.

Her track record is good. She wrote and self-published "Eat Well for \$50 a Week," updated it into "Eat Healthy for \$50 a Week" this spring, and offers other money- and time-saving strategies for clothing and household maintenance.

Her "15-Minute Cooking" offers step-by-step plans for creating home-cooked meals in two 15-minute sessions a day.

"This is an old concept, the idea of cooking a part of the meal at one time and cooking the rest another time. My system is much cheaper than some of the 30-day systems, which fit 30 days' worth of entrees into your refrigerator freezer, and the mega systems where you put six months' worth of meals into a separate freezer."

Her game plan is detailed. It tells how high to set the heat, exactly how many minutes to set an all-important timer and gives alternative ways to save fat, sugar, money and time. She offers a weekly shopping list.

"This allows greater emphasis on freshness," Barfield says. "You don't need as much space to do it either."



Roy Sykes Photos

Top photo: Christian, Lisa and Mary Barfield relish the task of rolling pizza dough for a family meal. Each night one of the Barfield children is "junior chef" and sets the table, prepares and pours drinks, slices fresh vegetables, takes out trash and goods for recycling and helps the cook. One reward is taste-testing something delicious.

Above: Rhonda Barfield keeps an eye on pizza as she and her oldest son Eric, 9, check for doneness. The pizza was made in two 15-minute cooking sessions. On a daily basis, she uses that amount of time in the morning for setting up her meal, with an evening session for finishing it just before serving.

Some recipes must be increased in quantity to accommodate her husband, Michael, and their four growing children, ages 9 to 4. Because they eat at home a lot, with home-schooled children, they like leftovers, too.

"I've used recipes that can accommodate all household levels. One of the people, who proofread the book

While her plan calls for feeding a family of four, she finds some recipes must be increased in quantity to accommodate her husband, Michael, and their four growing children, ages 9 to 4. Because they eat at home a lot, with home-schooled children, they like leftovers, too.

"I've used recipes that can accommodate all household levels. One of the people, who proofread the book

SEE TIME, INSIDE TODAY'S FOOD PAGE 2

## Kids' Cuisine

### Orange Chocolate Blossom

Give that milk lip orange flavor with a quick and easy drink. Blend 2 cups chocolate milk with 1 tablespoon frozen concentrated orange juice. It is part of the new trend toward flavored milks.

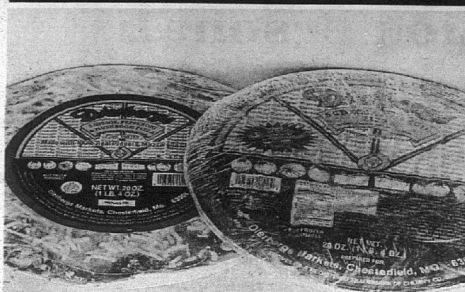


Rick Tucker Graphic



# Today's Food

## Private Label Test Run



Dierbergs pizzas come in seven different varieties, both with and without meat.

## Tasters take pizza seriously for test

Pizza, particularly when it comes from the freezer, is as American as it is Italian.

Journal tasters tested two of seven varieties of Dierbergs pizza recently. Both the sausage, pepperoni and mushroom pizza, as well as the 5-cheese and veggie pizza, weighed 20 ounces and cost \$4.29.

The vegetable pizza was acclaimed better, with its cheese soft and melting and its vegetables clearly recognizable. Although they were baked according to directions the correct amount of time, the one with the meat browned more. They both were baked on baking sheets, rather than directly on oven racks.

The crust drew positive reviews, particularly from those who like thinner crust.

One taster said, "This is my kind of pizza, although I'm usually 'outvoted' at home. It's just right, too, not real doughy."

The meatless pizza had mushrooms, green peppers, onions and black olives.

"This is colorful and contrasts well with the cheese

and I like the cheese blend, too. You can taste the softness of the provolone in it," another taster said.

Although the meat, including pepperoni, was distinctive before baking, it did not hold up well visibly upon presentation.

"Still, for the price, it has good taste," a taster said. She mentioned there were definite layers of dough, sauce and toppings.

Both packages declare the pizzas from "the Hill," made with 100 percent cheese, provolone and mozzarella on the meaty one, with additional provolone, romano and parmesan on the veggie pizza.

Tasters thought the portion size given for the pizzas was generous. It was listed as one-third pizza. The women who tasted it thought, with salads and drinks, they could settle for one-fourth pizza.

While the sodium level of Dierbergs pizza is consistent with other frozen and prepared pizzas, it is served with a lack of lower-salt products in this area that offer an alternative to people watching their sodium intake.

## Wise Ways

## Basil loves whatever food company it keeps

Basil is such a versatile and useful herb it deserves permanent space in every kitchen.

This relative of mint is valued for its pleasantly spicy aroma and taste. Home gardeners can choose several varieties to grow, each with a distinct flavor, aroma and appearance. Cinnamon, lemon and licorice basil are favorite examples. Pesto, a basil makes an attractive ornamental, as well as a cooking herb.

Freeze or dried basil enhances the flavor of many different foods, like tomatoes, green beans, carrots, eggs, lamb, beef and seafood. Pesto is an uncooked sauce made from fresh basil, garlic, pine nuts, parmesan cheese and olive oil. It is popular at home and in restaurants.

If basil doesn't grow in the back yard, summer is a good time to look for it in

grocery stores, farmer's markets, and produce stands. Like other leafy greens, basil should have good color and appear fresh, not wilted, yellow or starting to decay.

At home, remove any wilted leaves from the bunch, then put cut ends of the herb in a glass or jar of water, cover loosely with a plastic bag and store in a refrigerator. Use within a week or before wilting occurs. Freeze or dry basil for longer storage.

Dried basil is available year-round among the spice jars. Recipes that do not call for "fresh" basil as an ingredient usually are suggesting the cook use it dried. To substitute fresh for dried, use about three times more fresh than dried, because fresh basil has a more subtle flavor than dried.

Tomatoes and basil are a classic summer pairing,

with both available fresh and at their most flavorful. Here are ways to try this winning combination:

• Mix chopped tomatoes, celery and a little basil with low-fat cottage cheese. Serve with crisp melba toast or other crackers for a refreshing lunch.

• Top focaccia or baked pizza crust with thin strips of low-fat cheese, sliced fresh tomato, chopped basil and oregano, then drizzle with balsamic or red wine vinegar and a few drops of olive oil.

• Give canned tomato soup more homemade taste by adding a little chopped, fresh or dried basil.

• Before grilling tomato halves, sprinkle with chopped basil, minced garlic and a few grinds of pepper.

Fresh Tomato and Basil Sauce is wonderful for summer because it is not cooked and goes together in

minutes.

*Certified home economist Linda Blumberg is a nutrition specialist for University Extension (University Missouri system) in Montgomery County.*

## FRESH TOMATO AND BASIL SAUCE

- 2 large cloves garlic, finely minced (2 tsp.)
- 1 cup peeled, seeded, chopped tomato
- 3 tbsp. minced fresh leaf basil
- 2 tsp. olive oil
- Freshly ground pepper to taste

In blender, puree garlic and tomato. Transfer to non-metal bowl. Stir in basil, oil and pepper.

## Micro Raves

## Access to garden crop expands microwave use

Gardens and markets brimming with abundant fresh produce invite people to sample their nutritious, flavorful array. These foods — usually excellent microwaved — provide deliciously fresh and colorful additions to any meal. Their crunch and flavor stays put without overcooking.

Zucchini can be blended with a wide variety of other vegetables to enhance a summer cookout, light lunch or an evening meal. Discover how flavorful it is combined with tomatoes.

Place 2 cups sliced zucchini in a microwave-safe dish. Microwave, covered, on high power 4 to 5 minutes. Add 1 1/2 cups tomato wedges, 1 tablespoon margarine, 1/2 teaspoon lemon juice, 1/4 teaspoon sugar, 1/8 teaspoon salt and dash of black pepper. Mix lightly.

ly. Microwave, covered, on high power 1 1/2 to 2 minutes until heated through. Let stand a few minutes before serving.

Summer squash, a dieter's delight usually colored yellow or green, offers a mere five calories per ounce, while it contributes vitamins A and C, along with iron, calcium, part of the B complex, niacin, riboflavin and thiamine.

Summer squash naturally goes with cheese or milk, because it boosts protein and calcium levels.

More and more cold soups are being served on tables in the Midwest.

This zucchini soup from the "Microwave Times" is a cold or warm as a first course of dinner or with a sandwich or salad for lunch.

Like all good soups, it is

easy to make for instant serving or can be prepared ahead to be ready for hurried meals.

*Certified family and consumer scientist Barb Gray specializes in microwave cooking.*

## SAVORY ZUCCHINI SOUP

- 1 cups chopped zucchini
- 1 large onion, chopped
- 2 1/4 cups water
- 2 tsp. margarine
- 1 tsp. instant chicken bouillon
- 2 cups buttermilk
- 1/2 tsp. dried leaf thyme
- 1/4 tsp. dried leaf oregano

Combine zucchini, onion and 1/4 cup water in 2-quart microwave-safe dish. Microwave, covered, on

high power 10 to 12 minutes until vegetables are tender.

Add margarine, bouillon and 2 cups water. Transfer to food processor. Process until smooth.

Return mixture to microwave-safe dish. Stir in buttermilk, thyme and oregano.

Microwave, covered, on high 6 to 8 minutes until thoroughly heated, stirring once; do not boil to avoid curdling.

Serve warm or chilled. Makes 6 servings.

Note: About 1 1/2 teaspoons fresh thyme and 1 teaspoon fresh oregano can be substituted for dried leaves.

To replace buttermilk, use 1 cup milk and 1 cup plain yogurt.

## Blue Ribbon Cook

## Layer tomato atop, rice under crispy veggies

Ellen Lawrence, Webster Groves, is this week's winner of dinner certificates to the Pasta House Co. for Vegetarian Supper Club.

This is the kind of meatless dish that hits its peak in summer with fresh vegetables from start to finish. Lawrence says her family "can hardly wait for our tomatoes to ripen, so we

can have that really fresh taste."

It has onion, zucchini, bell pepper and tomatoes in the center seasoned with Italian seasoning. It is served with rice as a base and a sprinkling of cheese on top that melts from the dish's heat.

Recipes for this month's Very Berry Recipe Contest

should be postmarked by July 31. A simple entry to the contest can use fresh berries of any variety in a traditional or imaginative way.

Send an entry to: Very Berry Recipe Contest, Suburban Journals, 1714 Deer Tracks Trail, St. Louis, Mo. 63131.

## VEGETARIAN SUPPER DISH

- 1 cup uncooked rice
- 1 medium onion, chopped
- 2 cloves garlic, minced
- 2 tsp. salt
- 1 medium zucchini, coarsely chopped
- 1 medium green bell

pepper, chopped  
1/2 tsp. oregano  
1/2 tsp. basil  
1/8 tsp. pepper  
1/4 tsp. salt

- 2 medium tomatoes, peeled, coarsely chopped
- 1 cup (4 oz.) shredded cheddar cheese

Cook rice according to

package directions.

In large skillet over low heat, sauté onion and garlic in oil until onion is tender.

Add zucchini, green pepper, oregano, basil, pepper and salt. Cook about 5 minutes until tender-crisp.

Add tomatoes. Cover. Heat through. Spoon hot rice onto serving platter.

## Time

Continued from page 1C. lives by herself. She commented that she could halve most of the recipes without difficulty or refrigerate extras a couple days or freeze them longer without having excess.

Like most families, Barfield's chooses pizza as its favorite meal.

She cooks several pounds of ground beef in a slow cooker all day, rather than standing at a stove to brown it. Dividing the results in several batches allows more meals than just pizza. Another component is sauce, either homemade by her recipe or purchased. She lets the third element, homemade dough, rise in the refrigerator.

"This is a good representative meal, but most of them are easier than that. Still, it is great, considering you get pizza in two 15-minute sessions," she says.

Barfield likes the peace of mind a plan offers.

"My mother is a great cook, but cooking at home used to take two hours and eating it took 15 minutes. When everyone knows there will be a really delicious meal when the timer goes off after 15 minutes, the family looks forward to getting together to eat it, rather than snacking or begging to order pizza," she says.

She includes daily dessert, which she says is expendable. Many meals include fruit, served alone, in salad or dessert.

"Carol Schlitt with the University of Illinois Extension read the book and checked over suggestions for making the meals more nutritious, she says.

Muffins with their batter mixed in a 15-minute session wait in a refrigerator until being baked in a second 15-minute baking session. She points out some times extending to a 30-minute session, such as to make several loaves of

bread, can save five minutes each day for a week, with overall savings.

Barfield says her goal is to have people stir up adaptations of her ideas in their own kitchens.

"I never thought of myself as a great cook," she says. "I just have written down things that worked for me. Hopefully people can see how to fit its design into their own recipes and the foods they like."

"15-Minute Cooking" is available for \$12.95 from: Llag Publishing, P.O. Box 665, St. Charles, Mo. 63302. Missouri residents should add 94 cents for tax.

Here are highlights of Barfield's pizza meal.

## PIZZA NIGHT

Morning plan for meat:

Do this before several meals using cooked ground beef. In slow cooker set on low, place 4 pounds lean ground beef, 2 tablespoons minced onion and 2 teaspoons salt. Cover. Cook until evening. Meat should be a deep brown color with no pink areas.

Place meat in colander to drain into pan. If using some meat for dinner, cover with lid or large metal bowl to prevent heat loss.

To decrease fat or speed draining, place colander in sink and pour hot running water over it.

This yields about 6 cups cooked meat for dividing into 1 1/2-cup portions, refrigerated or frozen for future meals.

Morning plan for dough: In 1-quart mixing bowl, combine 1 cup very hot water and 2 teaspoons (or 1 package) yeast (without stirring).

In 2-quart mixing bowl, combine 4 cups flour, 1/4

cup sugar, 2 tablespoons oil, 1 1/2 teaspoons salt and 1 egg. Mix well. Stir yeast mixture until thoroughly dissolved. Stir with flour mixture until blended.

Knead by hand 1 minute, adding a little flour as needed to prevent dough from sticking to hands.

Knead bowl tightly with foil. Refrigerate.

Morning plan for sauce: In slow-cooker, stir together 3 cans (16 ounces each) tomato sauce, 1 1/2 cups ketchup, 1/2 cup brown sugar and 2 tablespoons Italian seasoning. Immerse block of 1 1/2 cups frozen meat mixture in center of sauce mixture. Cover. Cook on low.

Assembling pizza: Stir pizza sauce until blended.

Remove dough from refrigerator. Cover clean kitchen counter top with flour. Using rolling pin, quickly roll half dough at a time in 6- to 8-inch circles. Let rest.

Coat 2 large cookie sheets with nonstick cooking spray. Cover lightly with flour, shaking excess onto counter. Roll dough thick or thin in circles that fit on cookie sheets.

Place dough on prepared sheets. Spread a little less than half the sauce over dough; freeze remainder for spaghetti another night.

Arrange 1 or 2 cans (8 ounces each) sliced mushrooms on pizza. Top with at least 2 cups (8 ounces) shredded mozzarella cheese and grated parmesan cheese as desired per pizza.

Place pizzas in 400° oven. Set timer for 12 minutes. Bake longer, if desired.

Healthy tips: Substitute 1 1/2 cups whole wheat flour and 2 1/2 cups all-purpose flour for crust. Eliminate or reduce meat. Layer with fresh and/or frozen vegetables; inexpensive onion or bell pepper can be added generously. Use part-skim mozzarella cheese.



# Today's Food

## Grill gives classic chops new patio personality

Grilling — a low-fat cooking method that offers great taste — is an American classic. It brings out the best fresh flavors and enhances the savory taste of almost any food cooked this way.

When it comes to picking a pork cut for the grill, pork chops top Americans' tastes. In response to the largest study, the meat industry conducted in the past 10 years, 57 percent cited chops as their favorite cut. Pork chops take on many personalities.

Four basic tactics — glazes, salsas, rubs and marinades — bring out the meat's natural flavor without adding fat.

Start with a "naked" chop and create unlimited taste possibilities by using these foundations to punch up a grilled meal.

**Show-Stopping Topping:** Put summer's bounty on top of a chop with salsa, chutney or relish made with fresh ingredients. Try a homemade topping like Cherry-Onion Relish.

**Amazing Glaze:** Give chops last-minute personality with a glaze. Try one with the triple flavor whammy of honey, lime and ginger. To use the ultimate chop topper, barbecue sauce, brush it on only during the last five minutes of cooking for maximum flavor, minimum burn.

**Racy Rub:** This is a mixture of spices and herbs rubbed directly on meat before grilling. As meat is grilled, the rub — sort of a "dry marinade," combines with the chop's natural juices to create a powerful flavor punch. Rubs can be made ahead of time and stored in jars. They also can be applied overnight or just before grilling. Cajun Rub gives big-time impact.

**Mighty Marinade:** Marinades are made with three basic ingredients: an acidic component, oil and seasonings. Marinating should be done from 30 minutes to overnight in a refrigerator. A self-sealing plastic bag simplifies the task.

For perfect chops, allow time for charcoal or other heat sources to heat sufficiently before grilling. Coals are ready when ash-covered and glowing.

Place chops directly over the heat source and cover with a grill hood. Turning chops once for even browning, cook them to their best — medium — doneness, a total of 6 to 8 minutes for a ¾-inch-thick chop, 8 to 10 minutes for a 1-inch-thick chop and 12 to 16 minutes for a 1½-inch-thick chop.

At medium doneness, a chop may have a slight blush of pink in the center at an internal temperature of 160°. When the center of a chop is touched with tongs, there should be a slight "give" if it is done.

pepper.

Makes about 2 cups, 124 calories and no fat per ¼ cup.

Note: Wear gloves when handling pepper.

### FIVE-SPICE MARINADE

In self-sealing bag or covered container, combine ¼ cup soy sauce, ¼ cup dry sherry, ½ cup minced onion, 2 tablespoons grated ginger root, 2 teaspoons Chinese five-spice seasoning, 2 tablespoons chili oil and 2 teaspoons sesame oil. Add 4 pork chops. Cover with marinade. Seal container. Refrigerate overnight.

### HONEY-LIME GINGER GLAZE

Stir together 6 tablespoons honey, 3 tablespoons grated ginger root, 6 tablespoons lime juice and 3 tablespoons oil. Taste meat throughout cooking time, glazing well before removing from grill.

Makes about ½ cup, enough for 4 pork chops; 66 calories and 3 g fat per tablespoon.

### HONEY-GARLIC MARINADE

In self-sealing bag or covered container, combine ½ cup lemon juice, ¼ cup honey, 2 tablespoons soy sauce, 1 tablespoon dry sherry and 2 cloves garlic (crushed). Add 4 pork chops. Cover with marinade. Seal container. Refrigerate overnight.

### CHERRY-ONION RELISH

Stir together ½ cup dried tart cherries, ½ cup cherry jam, 2 tablespoons cider vinegar, ½ cup minced onion, ½ teaspoon salt, 1 jalapeno pepper (seeded and diced), 2 tablespoons chopped fresh cilantro and ½ teaspoon freshly ground

### CAJUN RUB

In jar with tight-fitting lid, shake together 2 tablespoons paprika, 2 teaspoons salt, 2 teaspoons onion powder, 2 teaspoons garlic powder, 2 teaspoons cayenne pepper, 1½ teaspoons white pepper, ½ teaspoon black pepper, 1 teaspoon leaf thyme and 1 teaspoon leaf oregano. Store in jar. Makes about ½ cup.

### GREEN BEAN SALAD

2 slices bacon, diced  
1 small onion, sliced, separated in rings  
1 tbsp. chopped pimiento, if desired  
¼ cup vinegar  
¾ cup clear carbonated soda, such as 7-Up

2 cans (1 lb. each) green beans, drained

Cook bacon and onion until bacon is cooked thoroughly. Pour off drippings.

Stir in pimiento, vinegar and soda. Simmer 10 minutes.

Add beans. Heat thoroughly. Serve hot or cold. Makes about 8 servings.

### Recipe

### CHICKEN AND ORZO SALAD WITH CHEESE

1 cup uncooked orzo (rice-shaped pasta)  
1½ cups coarsely chopped, cooked chicken or turkey  
½ cup Italian or vinaigrette salad dressing  
1 jar (6 oz.) marinated artichoke hearts, drained, coarsely chopped  
1 cup (4 oz.) diced mozzarella or provolone cheese  
1 large ripe tomato, seeded, diced (about 1 cup)  
½ cup pitted, coarsely chopped olives  
¼ cup packed fresh leaf basil, cut in thin strips  
½ cup (2 oz.) crumbled feta cheese  
½ cup shredded parmesan cheese  
Mixed salad greens  
Freshly ground pepper

Cook orzo according to package directions. Drain and rinse with cold water. Drain well.

In large bowl, toss together orzo, chicken and salad dressing. Add artichokes, mozzarella, tomato, olives and basil. Toss well. Add feta and parmesan cheese. Toss lightly.

Chill, covered, at least 30 minutes or up to 6 hours before serving.

Serve on salad greens. Season with pepper, as desired.

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## Recipe

### MEATBALLS ITALIANO

1 cup soft bread crumbs  
1 egg, beaten  
½ cup finely chopped onion  
¼ cup milk  
¼ tsp. garlic salt  
¼ tsp. pepper  
1 lb. ground lamb or beef  
½ cup flour  
2 tbsp. oil  
1 pkg. (6 oz.) long grain and wild rice  
2 small zucchini, cut in

short, thin strips  
1 tsp. Italian seasoning  
½ tsp. sugar  
1 can (15 oz.) tomato sauce with tomato bits  
¾ cup sliced ripe olives, if desired

In bowl, combine crumbs, egg, onion, milk, garlic salt and pepper. Add meat. Mix lightly but well. Shape into balls, about 1 inch in diameter. Roll in flour.

In 10-inch skillet, brown meatballs in oil. Over low heat, cook, covered, about 15 minutes.

Meanwhile, prepare rice according to package directions.

Drain drippings from skillet. Add zucchini. Sprinkle Italian seasoning over top.

Stir sugar into tomato sauce. Pour over mixture in skillet. Over low heat, cook, covered, about 10 minutes. Roll in olives.

Stir in olives. Serve meatballs mixture over cooked rice. Makes 6 servings.

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<b>APPLE . . . \$2.29 LB</b>	10 lbs. GROUND BEEF (1-2 lb pkgs)	<b>MARINATED CHICKEN K-BOB'S . . . \$4.19 LB</b>	
<b>KRAUT . . . \$2.29 LB</b>	4 lbs. PORK STEAK		
	5 lbs. BULK or 3 lbs. LINK SAUSAGE (Poin, Garlic or Italian)		
	2 lbs. BACON		
	6 lbs. FRYERS (Cut Up)		



# Today's Food

## Heart-y Bites

By BARB TENG

## Mango comes with wisp of tropical paradise

Anyone who has spent time in the Caribbean knows how tasty mangoes are. There are 48 varieties, but in the U.S. only about six are available.

The fruit is not only tasty eaten peeled and sliced, but it adds unique flavor in combination with other ingredients. Add mango chunks to salad or a stir-fry for a tropical tease. Make mango chutney to top grilled or baked chicken. Possibilities are endless.

Buying a ripe mango and slicing it can be a little tricky. The skins of unripe mangoes are green. Their colors change to yellow, orange and red as they ripen. It depends on the variety, but a completely ripe mango usually is a deep orange color with a peach-like aroma. The next step is wrinkled skin, which shows it is overripe.

Mangoes can be kept at room temperature up to a week. When they become very soft, they should be refrigerated. Besides their flavor, other assets are their plentiful vitamin A and potassium.

It should be peeled. A very ripe mango's peel pulls right off by holding the edge with a knife. The flesh of a mango lies to the pit, so it must be cut away. Slice it lengthwise down to the pit, then crosswise as close to the pit as possible to release slices or chunks that can be used immediately.

This salsa recipe from

"Mexican Light Cooking" by Kathy Long features mango. Use it as a flavorful alternative to tomato salsa for serving with baked chips, or use it to top grilled swordfish or chicken.

Registered dietitian Barb Teng is a member of the nutrition committee of the American Heart Association, St. Louis Chapter.

### MANGO SALSA

2 large ripe mangoes  
1/2 medium cucumber,  
peeled, seeded, cut in 1/4  
inch dice

1 jar (4 oz.) roasted red  
peppers, drained, cut in  
1/4 inch dice  
1/2 medium red onion, cut  
in 1/4 inch dice

1/4 cup chopped fresh  
cilantro or parsley  
1 1/2 tbsp. fresh lime juice  
1 1/2 tbsp. juice from pickled  
japanese peppers  
Pinch salt

Peel mangoes. Cut  
lengthwise in strips to the  
pit. Cut along pit as close  
as possible to release fruit.  
Dice in 1/4-inch chunks.

In medium bowl, combine  
mangoes, cucumber, roast-  
ed peppers, red onion,  
cilantro, lime juice, jalape-  
ño juice and salt.

Toss gently but thorough-  
ly.

Let salsa stand at room  
temperature 30 minutes so  
flavors mellow.

Serve at room tempera-  
ture or slightly chilled.

Makes twelve (1/2-cup)  
servings; 34 calories, no fat  
or cholesterol and 40 mg  
each.

## Cooking contests for fair

The 1996 Missouri State Fair offers a showcase for cooks to make skills in contests at the fair Aug. 15 to 24 in Sedalia.

Entries for the home economics department close July 20.

A new event in the home economics building is the Heart Healthy Cooking Contest, featuring low-fat, low-sodium and low-cholesterol recipes. Contestants can prepare either vegetable or meat dishes.

Food contests returning include Byrd's Farm Fresh Pecans pie competition; Honeysuckle White Turkey recipe contest; Tyson Chicken recipe contest; Martha Gooch pasta contest; and Hershey's great cocoa cake contest.

The Missouri Merchandising Council will hold its Cooking with Soy Contest. Other competitions are sponsored by the Missouri Pork Producers, Spam, Pillsbury refrigerated pie crust and the Missouri Rice Research and Merchandising Council.

The home economics building plays host to more than contests. Daily demonstrations from 9:30 a.m. to 4 p.m. in the consumer showcase area illustrate everything from embroidery to making ostrich meatballs. To celebrate Sedalia Day on Aug. 15, demonstrations are extended until 7 p.m.

For more information or to obtain an entry form, call toll-free 1-800-422-FAIR.

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 Fresh Fancy Yellow Corn 5 <b>99¢</b>	 Fresh Iceberg Lettuce 2 <b>\$1.19</b>	 Kraft Miracle Whip Salad Dressing Jumbo 48 oz. <b>\$1.99</b>	 Heinz Squeeze Ketchup Full Quart Bottle <b>89¢</b>
 Kool-Aid Unsweetened Drink Mix 20 <b>\$1.59</b>	 Country Time Lemonade Mix 3 <b>49¢</b>	 Small Eggs 19¢	

## PRICES GOOD ONLY WITH GRANITE CITY COUPON BELOW

 Fresh Frozen Chicken Wings 5 <b>\$2.98</b>	 All Meat Sliced Bologna 5 <b>\$3.98</b>	 Country Time Lemonade Mix 3 <b>49¢</b>	 Small Eggs 19¢
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EXPIRES 7/23/96 (COUPONS NOT AVAILABLE IN STORE)



# Today's Food

## Sunday is National Ice Cream Day

### Recipe

#### HONEY LEMON FROZEN YOGURT

- 1 envelope unflavored gelatin
- 1/4 cup cold water
- 1 cup cold milk
- 1 qt. plain yogurt
- 1 can (12 oz.) frozen lemon concentrate, thawed
- 3/4 cup honey
- 2 tbsp. grated lemon peel

Soften gelatin in cold water. Heat over low heat, stirring constantly, until gelatin is dissolved completely. Cool.

In large mixing bowl, combine milk, yogurt and lemonade concentrate. Stir until well combined. Gradually stir in honey. Add gelatin mixture and lemon peel. Pour into ice cream canister. Churn-freeze according to manufacturer's directions.

Milk shakes — those cool, "sippable" concoctions of milk, ice cream and flavorings — have been around since 1889. While the old-fashioned soda fountains of the '40s and '50s are few and far between, there still are family-run ice cream parlors where shakes are king, and everyone basks in the royal task of sharing a summer tradition.

Two of the best known meccas for milk shakes in the Midwest are in St. Louis.

At Crown Candy Kitchen, the atmosphere is pure '50s, and the shakes are just the way Beaver Cleaver and his pals would remember them — home-made ice cream, milk and a choice of syrups.

Across town at Ted Drewes Frozen Custard, the signature shakes, lovingly called "concretes," are so thick they can be turned upside down without spilling a drop.

St. Louis District Dairy Council created this Choco-Java Shake in honor of National Ice Cream Day on July 21. An event worth commemorating, the "holiday" is noted with a shake that is a luscious blend of extra-strong coffee, chocolate ice cream and, of course, cold milk. Whipped cream, chocolate curls and candy coffee beans top off this extravagant sign of celebration.

If a trip to a paradise island has more appeal, sip on Triple Tropical Shake. Pineapple juice, pecan and guava nectars blend with ice cream and coconut extract for a dreamy treat.



Choco-Java Shake enlivens favorite flavors with rich smoothness.

chocolate ice cream  
Whipped cream  
Ground cinnamon  
Chocolate curls or candy coffee beans, if desired

mon. Use chocolate curls or candy for garnish.  
Makes 2 servings.

1/4 tsp. coconut extract, if desired  
6 scoops (3 cups) vanilla ice cream  
Whipped cream  
Toasted coconut  
Sliced pineapple, if desired

In blender or food processor, blend pineapple juice, peach and papaya nectar and coconut extract until combined. Add ice cream. Blend until smooth.

#### TRIPLE TROPICAL SHAKE

1/2 cup pineapple juice  
1/2 cup peach nectar  
1/2 cup papaya nectar

#### CHOCO-JAVA SHAKE

1 tbsp. coffee powder (preferably espresso)  
1 tsp. hot water  
1 cup milk  
6 scoops (3 cups)

In small bowl, dissolve coffee powder in hot water. In blender or food processor, blend with milk until combined. Add ice cream. Blend until smooth. Pour mixture into 2 tall glasses. Top with whipped cream. Sprinkle with cinna-

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#### Recipe

##### CHICKEN STIR-FRY

2 tbsp. butter or margarine  
1/4 cup coarsely chopped pecans  
1 lb. mushrooms, sliced  
1 pkg. (10 oz.) frozen peas, thawed  
1 cup chicken stock or broth

2 cups chopped cooked chicken  
1/2 cup chopped green onion  
4 tsp. cornstarch  
1 tsp. soy sauce  
Cooked rice, if desired

Heat butter in wok or large skillet. Stir-fry pecans 1 minute. Remove pecans. Add mushrooms to skillet. Stir-fry 2 minutes. Add chicken and onion. Stir-fry about 1 minute. Mix together cornstarch, soy sauce and remaining 1/4 cup chicken stock. Add to chicken mixture. Cook, stirring constantly, until sauce boils and thickens. Stir in pecans.

Serve chicken with rice. Makes 4 to 6 servings.

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Honorary Spokesman

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Just bring your used baseball bats and gloves to the Cardinals game on Thursday, July 25th, and deposit them in the Sports Replay barrels conveniently located near the gates 2 & 7.

You could be the winner of a trip for two to see the Cards play the Astros in Houston on August 24th. Trip includes round trip airfare, hotel accommodations, and tickets to the game.

The winner will be announced during the Cardinals game on July 25th.

So help out needy kids and you could be flying to Houston to see the Cards!

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# Today's Food

## Good Health

By MELANIE POLK

### Summer satisfaction sets berry on colorful pedestal

If there is any doubt it is the heart of summer, check out the peak of blueberry season in July, which is National Blueberry Month. Outdoor markets and supermarket shelves display the beautiful powdery blue berries at their height of flavor and nutrition. That means a rich supply of vitamin C, potassium and dietary fiber in one of the most versatile and convenient summer fruits. Native to North America, blueberries were eaten by the American Indians long before Pilgrims landed. The U.S. and Canada add up an annual crop of 280 million pounds, 95 percent of the world's supply.

When choosing blueberries, keep in mind that col-

or is a hallmark of quality and berries with a powdery light blue color are fresher and firmer than darker berries. After buying them, sort and discard any berries that show mold or soft spots. Do not rinse blueberries until ready to use them or the natural wax coating that protects berries' freshness is removed.

Handled correctly and stored covered and dry in a refrigerator, blueberries can last up to three weeks, giving time to try them in numerous ways.

Blueberries require little or no preparation and have only 80 calories per cup, so it is a free feeling to eat them by hand, sprinkle them liberally on cereal, into pancake batter or into

salad.

Make a tangy blueberry-lemon sauce by combining 3 cups blueberries, ½ cup sugar, 3 tablespoons fresh lemon juice and 3 tablespoons water in a small saucepan. Bring the mixture to a boil, stir, then simmer 5 minutes. If desired, strain the liquid through a fine sieve into a bowl, stirring but not pressing the solids. Cover and chill the sauce at least 1 hour. Drizzle it over low-fat vanilla ice cream or frozen yogurt.

Blueberry sauces are versatile, so they lend distinctive flavor to more than one type of dish. Blueberry-ginger sauce, a tangy companion to cold poached chicken or salmon, also can

be served as a dressing over a salad of thinly-sliced oranges and sweet onion.

In a blender, puree ½ cup blueberries, 3 tablespoons water, 1 tablespoon oil, 2 teaspoons fresh lemon juice, ¾ teaspoon minced ginger root, ½ teaspoon sugar, ¼ teaspoon freshly-ground pepper and 1/8 teaspoon salt. Make the sauce just before serving, so the sauce does not separate upon setting.

Brighten breakfast with Cornmeal Blueberry Pancakes, delicious thin cakes with juicy berry flavor.

Registered dietitian Melanie Polk is director of nutrition education for the American Institute for Cancer Research in Washington, D.C.

#### CORNMEAL BLUEBERRY PANCAKES

- ¾ cup cornmeal
- ¾ cup all-purpose flour
- ½ cup whole wheat flour
- 2 tsp. sugar
- 1 tsp. baking powder
- ½ tsp. baking soda
- 2 eggs
- 2 cups low-fat milk
- 2 tsp. oil
- 1½ cups blueberries (fresh or frozen)
- 1 tsp. soft margarine

In large bowl, mix together cornmeal, flours, sugar,

baking powder and baking soda.

In medium bowl, beat eggs until light and frothy. Stir in milk and oil. Pour into flour mixture. Add blueberries. Stir just until dry ingredients are moistened; a few lumps may remain.

Heat large nonstick skillet over medium heat until hot. Add margarine to lightly grease pan.

Drop large spoonful of batter into skillet to form rounds. Cook until bubbles form on surface and underside is golden brown. Turn over pancakes. Brown bottoms lightly.

Makes 6 servings of three (5-inch) pancakes, 301 calories and 9 g fat each.

### Ice cream lovers can indulge fantasy

Anyone who loves and eats low-fat or "healthier" ice cream at least once a week — 95 percent of Americans do — fits Edy's Ice Cream's search for "Trendy Tasters" to participate in a fat-free free-for-all.

In the past, low-fat and fat-free ice cream used to mean boring, lackluster flavors. That is no longer true. Now luscious creations like chocolate brownie chunk, raspberry sorbet and cream and cookie dough come in flavors low in fat or fat-free.

People interested in scooping up this tasty assignment must get

busy. Ice cream lovers of any age who think they should quality as "Trendy Tasters" need to submit a creative entry describing their ice cream tasting expertise and why they would be the best choice to taste the new light and fat-free flavors.

They should describe a trendy thing they have done in the past and highlight their "passion" for ice cream.

Entries must be 500 words or less and will be judged on creativity.

There will be 20 winners selected who will

travel to Edy's manufacturing facility in the San Francisco area for the October event. Winners will receive a one-year supply of gift certificates for Edy's ice cream.

Winners will taste and evaluate top-secret new flavors and help decide which ones will be added to Edy's flavor line in 1997.

Entries must be postmarked or e-mailed by Friday, Aug. 30. E-mail to [jdharis@dreyers.com](mailto:jdharis@dreyers.com); or mail to "Trendy Taster, Edy's Grand Ice Cream, 5929 College Ave., Oakland, Calif. 94618.

Save time, money and steps. Before you go anywhere else, take a walk through the Classifieds for the best bargains around!

#### QUICK MEALS COME BY MASTERY OF EASY ADAPTIONS

When summer plans take the cook out of the kitchen, versatile family meal ideas are not out of reach. Five ideas can be prepared from start to finish in 30 minutes or less, using on-hand ingredients like ground beef and cheese.

Beef and Cheese Burritos, Cheese "Steak" Pizza, Beef and Parmesan Pasta, Beef Chili 'n' Cheddar-Topped Potatoes and Bistro Cheeseburgers are pivotal main dishes that satisfy hungry appetites deliciously and quickly.

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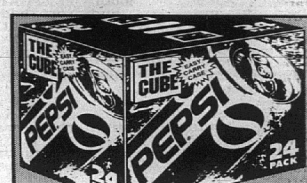
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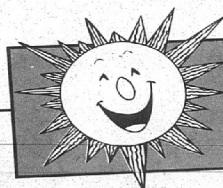
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Olympia  
Beer..... **649**  
24/12-OZ. CANS

Miller High Life  
Beer..... **497**  
12/12-OZ. CANS

REG., LIGHT, ICE OR N.A.  
Old Milwaukee  
Beer..... **397**  
12/12-OZ. CANS

J.W. Dundee's  
Honey Nut Beer **399**  
8-1/2 N/R BTL.

Glen Ellen  
White Zinfandel... **2/\$8**  
750 ML. BTL.

ALL VARIETIES  
Winston  
Cigarettes..... **1399**  
CARTON  
ALL VARIETIES  
Doral  
Cigarettes..... **1199**  
CARTON  
\*ALL PRICES INCLUDE EXCISE TAX. SALES TAX ADDITIONAL

OUR LOW SALE  
PRICE \$10.99  
Kentucky  
Tavern..... **799**  
1.75-LTR. BTL.  
AFTER \$3.00 MAIL-IN REBATE AVAILABLE IN-STORE

Kamchatka  
Vodka..... **799**  
1.75-LTR. BTL.

T.G.I. Friday's  
Cocktails..... **949**  
1.75-LTR. BTL.

STRAWBERRY OR LIME  
Cuervo  
Authentic..... **899**  
1.75-LTR. BTL.

CHARDONNAY OR  
CABERNET  
SAUVIGNON  
E&J Wine..... **2/\$7**  
750-ML. BTL.

SELECTED VARIETIES  
Paul Masson  
Wine..... **2/\$5**  
1-LTR. CARAFE

Boone's  
Beverage Wines **2/350**  
750-ML. BTL.

Seagram's  
Wine Coolers **2/550**  
4-PACK

Please Be Responsible  
Don't Drink & Drive

Pure Silk  
Shave Cream..... **169**  
7-OZ. CAN

REGULAR OR PLUS  
Efferdent  
Tablets..... **239**  
36-40  
CT. PKG.

SELECTED VARIETIES  
J&J Plastic  
Band-aids..... **99¢**  
LIMIT 2  
30-60  
CT. PKG.

ALL VARIETIES CONDITIONER OR  
Salon Style  
Shampoo..... **159**  
15-OZ. BTL.

ALL VARIETIES  
CONDITIONER OR  
Suave Shampoo **89¢**  
12-15  
OZ. BTL.

Scotch 3-M  
Video Tape..... **169**  
EACH

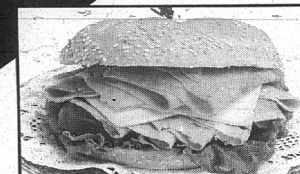
## Bakery, Seafood & Deli Dept. VALUES!

Bakery, Deli,  
& Seafood not  
available at  
all stores



Fresh Baked  
Italian Bread

**89¢**  
16-OZ.  
LOAF



Kentuckian Gold  
Hickory Pit Ham

**498**  
lb.

## Come Join Our Team!

Shop 'n Save is now  
accepting applications  
for part-time employment.  
Details at the service  
desk at all stores.  
An Equal Opportunity Employer



## Shop 'n Save Family Video Center

EVERYDAY LOW RENTAL PRICES!

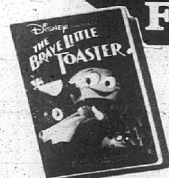
ALL NEW RELEASE

ALL OTHER TITLES

**99¢**  
EACH

**49¢**  
EACH

ALL VIDEO GAMES 99¢ EACH  
AT STORES WITH VIDEO CENTER ONLY



07172C

ALL VARIETIES  
Strudel  
Bites..... **149**  
14-CT. PKG.

SINGLE LAYER  
Pineapple Upside  
Down Cake..... **299**  
8-INCH

6-9 LB. AVG.  
Whole  
Salmon..... **289**  
lb.

Salmon  
Steaks..... **389**  
lb.

HICKORY PIT  
Kentuckian Gold **498**  
Turkey..... lb.

FAT FREE  
Emmber's  
Roast Beef..... **399**  
lb.

REDUCED FAT, WISCONSIN  
Lorraine  
Swiss Cheese.... **399**  
lb.

FARM FRESH  
Catfish  
Nuggets..... **229**  
lb.

More Great Values In-Store!



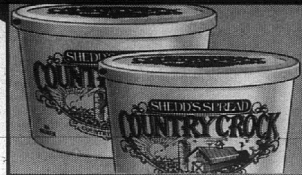
# =Total Value!

## FROZEN FOOD & DAIRY VALUES



**Bi-Rite  
Orange Juice**

**99¢** 64-OZ.



**Shedd's Country  
Crock Spread**

**2/295** 3-LB. BOWL



**Budget Gourmet  
Entrees**

**99¢** 9-11.75 OZ. PKG.



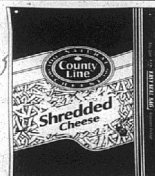
**Jack's  
Original  
Pizza**

**2/\$5** 15-21 OZ. PKG.

**ASSORTED VARIETIES  
Yoplait  
Yogurt.....** 6-OZ. PKG. **3/\$1**

**SHOESTRING  
Vita Bite  
Potatoes.....** 20-OZ. BAG **3/99**

**ASSORTED VARIETIES  
County Line  
Shredded Cheese** 8-OZ. PKG. **2/\$3**



**Michelina or  
Yu Sing Entrees** **88¢** 5-9.5 OZ. PKG.

**ASSORTED VARIETIES  
Lucia's  
Pizza.....** 18-22.5 OZ. PKG. **2/\$6**

**ASSORTED VARIETIES  
Totino's  
Hearty Pockets** 9.5-OZ. PKG. **3/\$5**

**Everyday Low Prices!**  
Compare & Save. Look  
For the Yellow Tags  
at the Shelf Edge

**ASSORTED VARIETIES  
Pringles  
Potato Crisps...** 6-7 OZ. CAN **99¢**

**Sunshine  
Cheez-Its.....** 16-OZ. BOX **199**

**ASSORTED VARIETIES  
Gatorade  
Thirst Quencher** 128-OZ. BTL **399**

**Shop 'n Save  
Pork N Beans.....** 15-OZ. CAN **4/\$1**

**ASSORTED VARIETIES  
Capri Sun  
Drinks.....** 10-PACK **2/\$4**

**LEMON, TRIGGER  
Pledge  
Furniture Polish** 16-OZ. **319**

**REG. OR LIGHT  
Shop 'n Save  
Fruit Cocktail...** 16-OZ. CAN **59¢**

**ASSORTED VARIETIES  
Maull's  
Barbecue Sauce..** 24-OZ. BTL **199**

**Kellogg's  
Corn Pops.....** 18.8 OZ. BOX **338**

**SEMI SWEET  
Nestle's  
Morsels.....** 12-OZ. BAG **198**

**ASSORTED VARIETIES  
Lysol Spray  
Disinfectant....** 12-OZ. CAN **299**

**Raid  
Yard Guard.....** 16-OZ. CAN **499**

**Steakhouse  
Lighter Fluid....** 32-OZ. CAN **2/\$3**

**GIANT ROLL  
Reynolds  
Aluminum Foil...** 200-FT. ROLL **499**

**ALL READY  
Pillsbury  
Pie Crust.....** 15-OZ. PKG. **199**

**ASSORTED VARIETIES  
Eggo  
Waffles.....** 11-OZ. PKG. **2/\$3**

**ASSORTED VARIETIES  
Green Giant  
Pasta Accents.....** 18-OZ. BAG **3/\$5**

**ASSORTED VARIETIES  
Harlan Bigger  
Better Bagels....** 6-PACK **89¢**

**ASSORTED VARIETIES  
Freezer Queen  
Dinners.....** 8-10 OZ. PKG. **69¢**

**APPLE OR CHERRY  
Banquet  
Pies.....** 20-OZ. PKG. **99¢**



**Six Flags and  
the National  
Children's  
Cancer Society  
Duck Dash**



**Adopt a Duck - And Get  
FREE Admission to  
SIX FLAGS**

ON FRIDAY, AUG. 23, WITH EACH \$5.00 DUCK DONATION.  
PICK UP ADOPTION PAPERS AT ANY SHOP 'N SAVE.



# TOTAL VALUE



RIB END OR LOIN END  
Pork Loin Roast

# 159

lb.

Wake Up to Big Savings



1/4 PORK LOIN SLICED INTO  
Pork Chops

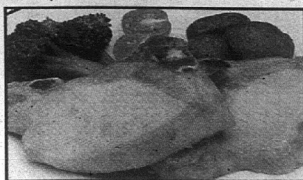
# 159

lb.

ALL VARIETIES  
Oscar Mayer  
Lunchables..... 4/\$5  
4.5-OZ. PKG.

Louis Rich  
Ground Turkey 99¢  
1-LB. ROLL

FLAT CUT  
Brookfield Corned  
Beef Brisket..... 199  
lb.



FAMILY PACK  
Center Cut  
Rib Pork Chops

# 259

lb.

Eckrich  
Smoked Sausage 199  
1-LB. PKG.

ORIGINAL  
Johnsonville  
Bratwurst..... 259  
lb.

6-8 LB. AVG.  
Lil' Butterball  
Young Turkeys 99¢  
lb.



2-3 LB. AVERAGE  
Jennie-O 1/2  
Turkey Ham

# 139

lb.

BREADED  
Singleton  
Butterfly Shrimp 499  
1-LB. PKG.

FAJITA OR STIR FRY  
Hudson  
Meal Kits..... 499  
34-OZ. PKG.

COOKED SALAMI OR  
Hunter Sliced  
Bologna..... 129  
1-LB. PKG.



SHOP 'N SAVE  
Pork  
Sausage

# 159

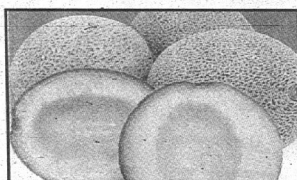
lb.

10-12 LB. AVG.  
Kretschmar Whole  
Boneless Ham..... 199  
lb.

ASSORTED VARIETIES  
Banquet  
Entrees..... 2/\$4  
28-OZ. PKG.

CHUNKS, PATTIES  
OR TENDERS  
Tyson Boneless-2/\$5  
Chicken.... 10.5-OZ. PKG.

## Pick of the Crop Garden Fresh Produce!



SWEET RIPE, 6-COUNT SIZE  
Colossal  
Cantaloupes.

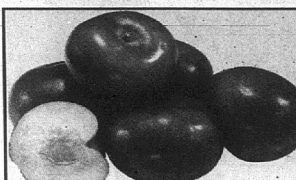
# 98¢

EACH

LARGE  
Honeydew  
Melons..... 98¢  
EACH

CALIFORNIA  
Sweet Ripe  
Peaches..... 88¢  
lb.

CALIFORNIA  
Valencia  
Oranges..... 198  
4-LB. BAG



RED, BLACK,  
PURPLE OR YELLOW  
Plum A Rama

# 78¢

lb.

READY TO EAT  
California  
Baby Carrots..... 198  
2-LB. BAG

CALIFORNIA  
Red Ripe  
Strawberries..... 138  
lb.

The Finest Quality  
& Selection!



CALIFORNIA, 30 COUNT SIZE  
Iceberg  
Lettuce

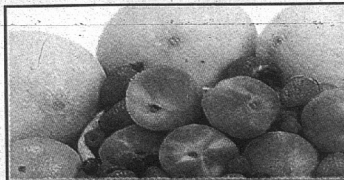
# 68¢

EACH

CALIFORNIA  
Green  
Onions..... 3/98  
BUNCHES

David & Sons  
Sunflower Seeds 98¢  
6.25-OZ. PKG.

ROASTED OR SALTED  
Gary's  
Peanuts..... 198  
20-OZ. PKG.



Try These  
Exotic Varieties!  
NOT AVAILABLE AT ALL STORES

FRESH  
Celantro ..... 88¢  
BUNCHES  
FRESH  
Bean Sprouts ..... 58¢  
lb.  
ASSORTED  
Portabella Mushrooms 298  
lb.  
MELISSA'S  
Risotto ..... 138  
4-OZ. PKG.  
MELISSA'S, DRIED  
Cranberries ..... 238  
3-OZ. PKG.  
MELISSA'S, DRIED  
Jackfruit ..... 278  
3-OZ. PKG.



# Shop 'n Save

The more you shop the more you save. SM

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\* PRICES GUARANTEED THRU JULY 20, 1996 AT ALL ST. LOUIS METRO STORES ONLY \* WE RESERVE THE RIGHT TO LIMIT \* NO SALES TO DEALERS \* FOR LOCATIONS CALL (314) 984-0900

Shop 'n Save  
**DOUBLE YOUR  
MONEY BACK  
MEAT & PRODUCE  
GUARANTEE  
WITH PROOF OF PURCHASE**











**74 VOLKSWAGEN**  
1985 Caballero, 100000 miles, 190000  
Summer SL-OUT-OUT  
\$100DN/\$53,985  
Call 1-800-368-2222  
1711 Winchester • 495  
1985 100000 miles, 190000  
Call 1-800-368-2222

**84 CHEVROLET**  
1985 Blazer, 100000 miles, 190000  
SL-OUT-OUT  
\$100DN/\$55,495  
Call 1-800-368-2222  
1711 Winchester • 495  
1985 Blazer, 100000 miles, 190000  
Call 1-800-368-2222

**94 GMC**  
1985 GMC 1500, 100000 miles, 190000  
SL-OUT-OUT  
\$100DN/\$53,985  
Call 1-800-368-2222  
1711 Winchester • 495  
1985 GMC 1500, 100000 miles, 190000  
Call 1-800-368-2222

**86 DODGE/PLYMOUTH**  
1985 Dodge 1500, 100000 miles, 190000  
SL-OUT-OUT  
\$100DN/\$53,985  
Call 1-800-368-2222  
1711 Winchester • 495  
1985 Dodge 1500, 100000 miles, 190000  
Call 1-800-368-2222

**87 FORD TRUCKS**  
1985 Ford 1500, 100000 miles, 190000  
SL-OUT-OUT  
\$100DN/\$53,985  
Call 1-800-368-2222  
1711 Winchester • 495  
1985 Ford 1500, 100000 miles, 190000  
Call 1-800-368-2222

**88 GMC TRUCKS**  
1985 GMC 1500, 100000 miles, 190000  
SL-OUT-OUT  
\$100DN/\$53,985  
Call 1-800-368-2222  
1711 Winchester • 495  
1985 GMC 1500, 100000 miles, 190000  
Call 1-800-368-2222

**96 TOYOTA TRUCKS**  
1985 Toyota 1500, 100000 miles, 190000  
SL-OUT-OUT  
\$100DN/\$53,985  
Call 1-800-368-2222  
1711 Winchester • 495  
1985 Toyota 1500, 100000 miles, 190000  
Call 1-800-368-2222

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**Special Used Car Sale**  
 We have the "Price Guarantee" on all  
 New & Pre-Owned Vehicles.  
 Nobody beats us on Price, Quality,  
 Service and Customer Satisfaction and...  
 We have a "State of the Art" Body Shop.

 **CHECK THESE LOW PRICES**  
**We Will Beat Anyone's Price**  
**Guaranteed**

1996 Chevrolet <b>Monte Carlo LS Cpe</b> 9,xxx miles - Super clean -	1996 Chevrolet <b>Cavalier Cps</b> 3 great colors, AT, AC.
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<p>Buckets, AL wheels, load all options Was \$17,995</p> <h2>No. \$16,444</h2>	<p>Spoiler - Nice cars, low miles Was \$13,995</p> <h2>No. \$12,744</h2>
<p><b>1993 Chevy Camaro Cpe</b> <i>Color choice</i></p> <p>Was \$11,995</p> <h3>No. \$9,944</h3> <p><i>Prizes Not Given</i></p> <p>"Super Special" <b>1993 Ford Festiva</b></p> <p>Was \$6,995</p> <h3>No. \$5,544</h3>	<p><b>1989 Pontiac Grand Prix SE Cpe</b> Sharp, clean car, sunroof, compass, steering wheel controls, all power, good steel</p> <p>Was \$6,995</p> <h3>No. \$5,544</h3> <p><b>1996 Pontiac Firebird Trans Am</b> 2,xxx miles, like new car. leather and loader</p> <p>Limited for \$25,483</p> <h3>No. super low price \$21,944</h3>















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A black and white photograph showing a textured, light-colored surface, likely a wall or ceiling. A dark, horizontal band, possibly a shadow or a different material, runs across the middle of the frame. The texture of the upper surface is grainy and uneven.

This image shows a blank, aged, cream-colored page, likely an endpaper or flyleaf of a book. The paper has a slightly textured appearance with some minor discoloration and a small dark stain near the bottom center. The right edge of the page is slightly irregular, suggesting it is part of a bound volume.











